

Hi everyone, and welcome to the first Practitioner series webinar. It's called

Fixing your Brain and Stress with Infopathy. It will be presented by Daniel Knebel.

So let's start. Daniel, you can share your screen.

Do you see the screen properly? Yeah. Okay good.

I just put you down there and the bar down so I can just work properly I guess. Okay. There we go. We are ready.

Welcome everyone to the new Practitioner webinar about stress and how to manage your stress with Infopathy.

Stress is one of the most important topics we can talk about and as a Practitioner you need solutions for stress for every single client - doesn't matter if it's a child, if it's an old man, if it's an athlete. Stress is the main reason for many diseases we see in the world. So we start with the topic number one. Why do we need to talk about toxic stress or stress in general? What does it do to the body? What does it cost for the population in the US and worldwide? What are the consequences of stress? All these things should be discussed properly and I will try to explain everything as good as I can and always go back to the Platform, show you solutions, show you different strategies to reduce stress to help the brain, to help the nervous system, and every system

connected to stress with our
tools to get better and bring you back to happy
and healthy life, okay.

Stress, the basics stress, and stress response
is very important. There are many systems actually
all of the systems of the human body are depending on stress. So
we need to talk about them a little bit at least and I will
show you how to fix them with the Platform. Then stress in
the brain because if you cannot fix the brain, then you
cannot fix stress and emotions because the brain with
the senses we have like hearing, seeing,
tasting, touching, it's very
important for the stress response for
every response to the environment actually. So we
need to explain and understand how the
brain response to stress and how to fix it properly.
Then at the end, I will show you tools from the Platform, but also
some general lifestyle things because sleep
is very important and on
one hand, it's a kind of hygiene issue,
you need to know how to sleep properly, how to structure the
sleeping room, how to structure
the electrical environment for example as well,
but you also need to
have tools from the Platform to make you sleep
better, no matter what is happening around you. So we will
talk about sleep, meditation, diet a
little bit, but only shortly. But if you do

not fix these main pillars of health, you will not have a chance to help anyone in your business or yourself.

So stress has many different causes and can happen for many different reasons. We have social stresses like we have conflicts with our bosses in the job, in the working environment generally, in schools, with our partners, with friends. So social stress is very common. Then we have the environment in general, social stresses also part of the environment, but what I mean by this term is toxins, infections, things that are brought into the environment, or living in the environment, and can hurt and stress your body, abuse for example, if you talk about childhood experiences, this is very important when we talk about stress and what we see today and what we will see in the very close future and where it comes from and how can we can help little kids and our children to get healthy and happy again as well.

Discrimination, poverty, everything that just brings you out of balance, out of harmony, out of homeostasis, is a stressor to the body. And if the body cannot cope with the stress, with this trigger, with this environmental influence, then you will see various severe consequences for the whole body.

But when the human body responds to stressful situations too often, to intense, it's like when you eat a little bit of sugar, you won't

get diabetic the next day, you know, but if you eat a lot of sugar, if you drink 2L of Coke every day, then you get diabetic and the problem with stress is the same. We get stressed by different things every single day. We have to cope with these situations. We are living in mainly unnatural environments when I'm talking about radiation, light, toxins, noise.

Noise is a very important factor in toxin, but also sound as a healing tool, which is also on the Platform. So when the stress system gets out of harmony, out of balance, gets overloaded, then we see toxic stress. So, for example, if you write an exam and you make it and you get a good mark it's just a short amount of stress, but the result is very positive. But, if you get stress every single day, and you get harmed, and you get injured by whatever circumstances there might be, then we see toxic stress. This will harm your brain, your body, your immune system. It will harm every aspect of your life physically and mentally as well.

The very huge advantage of Infopathy is the treatment of the brain. Normally the blood-brain barrier, this is the line where the brain is separated from the blood to protect it from pathogens, from toxins, from infections, whatever.

This gets opened up by chronic stress.

So different environmental influences can enter the brain and damage the brain directly. We get infections. We have an overload of heavy metals. We get chronic inflammation, neuroinflammation, you name it. So the brain gets severely damaged by chronic stress. So we need to fix it first. This is why we start with stress and the Practitioner series starts with stress actually.

The big advantage is that we can cross the blood-brain barrier because water is flowing to the brain after you drink it in about 30 minutes. So the first area where you can take up information from Infopathy, from ICs that you program into water is in the mouth actually. So it's not a bad idea when you start to prepare something for you to keep it in a mouth a little bit longer because the way to the brain is very short and the mouth is very sensitive to information. So we have a direct connection to the brain and the IC will work a little bit faster if you keep it in the mouth for a little bit of time.

The other reason is, water flows into the brain with the ingredients we put in it, so there's no blockage of water in terms of blood-brain barrier.

There's also no blockage of signals from the IC Pad, we can use it for programming water, and as

you know, to play PEMF protocols, which is pulsed electromagnetic field therapy, which is very effective. There is a huge amount of data and studies about it and also Infopathy as you all might know right now. It's very well researched, the technology behind it is well researched, and it's a part of the medicine of the future and we urgently need it. I just need to turn something off.

So why do we need to talk about stress? I already explained a lot of factors, but 43% of adults suffer adverse health effects from stress. So actually I guess the number is way higher. So you can say there's not a single disease where stress is not a factor, where the brain is not a factor, where the interpretation of the environment by your mind and your senses and your body is not problematic in terms of disease development.

What I mean by this is, when you get stressed the system, which reacts is always first in the first line similar, but depending on genetics and our lifestyle factors, the results in the system in general are a bit different. So one person gets joint problems, the other one gets skin problems, third one gets digestive problems, we get immune suppression, chronic inflammation, depression,

sleep disorders, you name

it. Fear, anxiety is very common

in this context. So

we need to talk about what stress is doing to

you and all the people that you know, and especially also to

your animals. So the stress response

in the dog, for example, is very similar to the

stress response in human.

So you can say dogs are strange looking humans.

They cannot speak like we do, but the physiology

is pretty much the same.

So it's good for everyone, and your family, and your clients.

Stress is the link to

the sixth leading cause of death, which are heart disease, cancer, lung

alignments, which means COPD and

things like that, accidents. Why? Because when

you're stressed your neurotransmitter balance

has changed your ability to see sharply.

And to see at night is

influenced negatively through the sympathetic

pathway, so this is really common.

Plus you lose coordination, motor coordination,

and you lose intra and intermuscular

coordination, which means the risk for

household accidents, for example, is getting much higher. Then

stress kills the liver, yes,

every single time. Also the pancreas. So the

cirrhosis of the liver is getting higher because

stress people they sleep less good

than less stress people.

They tend to drink alcohol or take medications to compensate the stress.

And they also drink alcohol more often, so this is the reason why the liver is getting stressed a lot and suicides are more common because when you're so depressed, so stressed, and you see no way out, which is always wrong because in every single case there is always a way out and there's always a way to win and there's a good reason to stand up and to fight. So never give up, use more than technology like Infopathy, and help yourself.

Now I will explain to you how to do it. ACEs are so called, and this is very dramatic in my point of view,

Adverse Childhood Experiences.

Plus toxic stress, these are the main culprits for disease in the modern world. It's a real crisis. We see a lot of very very traumatized, stressed, tired, depressed kids.

Beginning from the very young ages, going to the years, like 18, 19

20. So every young person we see is at risk of getting stressed toxically and because of the adverse childhood experiences, like divorce, or violence

physically, mentally,
socially, these little kids they
suffer a lot from all these influences and this
creates
the ground for all the disease
we see later on - diabetes, heart attack, depression. Like
I said, bone disease, digestive diseases,
skin disease, heart disease.
So we need to have tools for reversing the
experiences of the brain
in the early childhood, in the womb, in
the mother. And also we need to have something to reverse the
stress experience of all
the generations
that came before us. The research
at the moment is talking about 14 generations, which
kind of pass on
trauma to us. In Germany this is really
intense because of the war experiences
of our grandfathers and grandmothers, so you can
say most of the people have ACEs even
before birth. So, then you come to this world,
you get born, and then the mother's
milk is toxic. The air you
breathe is full of toxins and microplastics. So
then we start to get environmental stress,
the light is very unnatural, we
hear and see unnatural sources of
electricity, like screens, and light, and

everything. So everything is getting changed into a direction that is not very healthy.

We see on the left side abuse physical emotional and sexual abuse in every age.

Very severe in the young age. Then we see the neglect physically like they don't move enough.

Like I said, they get hurt, they just don't develop physically and emotionally like they should. And then the household challenges we see, which all contribute to the adverse experiences of our little children, mental illnesses, incarceration, intimate partner of violence, like

you see your mom and dad are fighting or one close relative is trying to abuse you, which is even not really physically but in

terms of language use, so you understand we have a lot a lot of stress in every single day of our life and even before our life starts, like where we can just mentally realize that we are alive, and who we are. So stress needs to be modified.

And we see here

61.6% of US adults

have at least

one or more ACE, and 15.8% have

four or more ACEs. So this means

that a lot of people in the

US have really bad experiences in

terms of childhood, in terms of violence, in terms of being neglected physically and emotionally.

What is this the toxic stress response?

So we have to separate first the experiences as a child, but then the reaction to these experiences and to all the other stressors that I just mentioned already. The prolonged activation of this axis can disrupt the development of the brain architecture and this is ADHD, actually.

So if you are a research a kid with ADHD properly and all these cognitive diseases we see in our children, then you will always find a completely traumatized, stress overloaded little being.

You can run hormonal testing and you can run neurotransmitters and you will see shifts like with victims of terror attacks or whatever. So you see really severe damage in young children's brain architecture.

Also when the stress is going systemic, we see damages mainly of the large intestine, of the liver, and the pancreas.

And then we see the cognitive impairment, which is also not diagnosed properly. So if you run the full panel of tests, you will always find the biomarkers of trauma, of PTSD, of you name it, TBI in some cases actually, which is traumatic brain injury as

well. Like someone throws you down the stairs
because you didn't do your homework properly.

These are things that are happening.

And then we see the more
social environmental factors like poverty
or the place where you grow up in general. So
these are things we need to talk about.

Then we see what it leads to -
you get an increase for heart disease, cancer,
for accidents, like I said before, chronic respiratory diseases,
stroke, Alzheimer's, diabetes,
are different infections because
your immunity gets suppressed by stress
severely you get chronic inflammation by
stress. Then we see kidney disease -
mainly we see a high protein output and
the low filtration rate. And then we see suicide
attempts because you cannot stand life too
good because you made so many bad experiences. This is
what it costs. So when we talk about stress,
we have for the health conditions in
the US 112.5 billion
dollars for asthma, arthritis, COPD, depression,
smoking, you name it.

Then we have 19.3 billion in terms
of child abuse, ACE, more
ACE oriented factors,
which means education, welfare, criminal justice,

the lifetime productivity, and healthcare,
early deaths. So you see
we would be able
to save a lot of money
if we have tools to fix stress,
even if it was in the early childhood.

So we have stress as one of the main triggers of
diseases, of many diseases that we see nowadays, and
then we have the consequences
of stress in the system. And now
we look at the basics of stress.

I talk to Anton before so now we do maybe five
minute question and answers so you can already start to
ask your first questions and then we go
into the stress basics and like I said, I would
not only show you slides, but go to the Platform and show
you how to fix the different systems that are
depending on stress and the stress reaction.

At the moment, we don't have questions. But yes,
if anybody has questions regarding the topic, you
can just type it and once in a while we'll be making pauses
and reading your questions, answering them.

Okay, so I just continue. Yeah, okay.

So we're going to stress the basics. So
you can ask the questions even at the end if you want
to. Just make notes and ask whatever you want to ask at the end of the presentation.

So now we have the basics of stress.

So

we have to differentiate between stress

and toxic stress. So there are stresses that are not too toxic, which can be even very positive in terms of development. But we also have stresses that are not too positive. So stress is defined as a real or interpreted threat to the physiological or psychological integrity of an individual, which results in physiological and behavioral responses. This means that stress can hurt your body physically. Every threat to your system, mentally or physically, will be interpreted by the brain.

We have a fast connection and slow connection, I will talk about it later on, and then the brain will decide if the stressor is a threat or not. And if you're already pretty stressed, then most of the things that are around you will be interpreted as stress and as attack and threat, and you will go into fight-or-flight no matter what. So even loud music, or even a traffic jam, or noise in the environment can trigger severe stress responses.

So we have stresses that are not too negative, like learning something new for school or work is not too negative, because then if you

succeed then yes, something really good for yourself, for your development. So it's building you up, it's not like killing you.

Hosting a family event can be very positive depending on the family, it also can be a horror, but generally family events are not

too bad. So, if you care for somebody, if you help somebody, if you appreciate somebody, if you accept somebody, then you do something really positive.

This is a form of emotion.

It can be stress, yes,

if it's too much, for example, I had

a client she was taking care of her mother seven days

a week, day and night, and she herself was

on different drugs because it was

so stressful for her. So if you do it for a short

amount of time. Another example, I took care of my

father after an accident, I helped him with microcurrent

and Infopathy and different techniques and I

saw the results and he was

very fast out of hospitals. So yes, it

was stress in a positive way because I succeeded

and it was not like it killed me

every single day, seven days a week, 24 hours a day. So

even caring for a sick family member can have different aspects depending

on the whole situation you are in.

Then negative stress already

is witnessing or being a victim of violence. Even if

you, and this is something I tell my

clients every single day and you should be really aware of it,
if you watch TV and you watch like real crime
scene TV shows,
your brain cannot differentiate the
situation. For the brain it's completely reality. So what
you do is when you watch these negative informations all
the time, and the same is true for the news,
you will go into the fight-or-flight mode
directly because for the brain you
are witnessing a murder,
you are whatever witnessing a crime where
a person is hurt physically or mentally or
both. So, please don't use
media in a negative way. Please don't look at serious
things that present murder
and different violent scenes
because this will kill your stress axis directly.

The discrimination, like the feeling of being treated
incorrectly, is
really severe because we all have a deep
sense, most of us, have a deep sense
of justice. And we feel that discrimination is
not what we are made for because we are
made for being one, for helping each other, and
not discriminate anyone,
for anything. So color, religion, where you come
from, what you have, it doesn't matter. If you have a good heart and you
do the right things, then you're welcome.

Then a physical injury, this is most of the time traumatic and also activating a negative stress response because the body has to heal and there are different things to protect and to heal itself after an injury.

So it's not most of the time, not too positive.

And like I said, some of the stresses depending on how you see them, seem worse than the others. It's always a combination of situation stressors, the reaction of the individual. And then we see toxins infections, and like I said, the combination of trauma all these experiences can be traumatic, but there's a clear separation between trauma, stress, PTSD, and TBI. For example, if you drive with your car and you have an accident and you get a brain injury, then you have the PTSD-TBI combination. So you have a very stressful event and your brain gets injured. This is the most severe form of trauma and stress we can see.

And now we will go into the different reactions of the stress response. So we have physical stresses, psychological stresses, and I would not call them chemical, I would call them toxins and infections - this is more accurate because the physical damage is not training enough, working in a place where you get hurt, car accidents, falling down

the stairs, break your arm. This is the physical part. Then the psychological part is every form of violence or threat that you see as one, like, you get insulted by someone, you got for example, you're a victim of discrimination, whatever, this is the psychological part. And then, like I said, the infectious part, like parasites, virus, fungus, and also the xenoestrogens from the environment. So all these add up to the stimulus to the stressor. And then we have a homeostasis - the whole body is like in balance all the time, it tries to create balance and tries to hold it, even if the whole environment is constantly influencing the body and the body is influencing the environment.

Actually the body and even the mind are very open systems in terms of information influx and outflux.

The stimulus, the whole bucket of things stimulating stress will be processed by the brain.

And then the main first separation is threat or no threat. So do we have to fight-or-flight, or does the brain say, okay, we can manage it. It's very important to differentiate.

The threat stress axis is very fast, it

happens in seconds in milliseconds, and it's connected to the amygdala, and it's connected to the central nervous system. So what we see afterwards is, sorry touching the wrong buttons, we see the attempt of the body, of the system, to adapt to the stressor and then to eliminate the stress, which is fight-or-flight. For example, when you sit in the fire back in the times and the line is coming you have two choices. You can run away or you can try to kill the line. You can fight or flight. The problem with the modern world is that most of the stressors are not solvable by fight-or-flight situations, because, for example, you go to your job every day and someone is kind of mobbing you. You cannot just go away, or just hurt the person and beat the person down. So the stress reaction is chronically activated by these kinds of situations. And also divorce of the parents, for example, is the chronic activation of stress for the children and the body cannot respond to it properly and cannot get back to his homeostasis. And this is why we see all the consequences in the body and then the body responds to the stressor. And then we have the brain, which processes all these stimulus, and then we have the different areas where the stress will manifest.

We have the SAM axis, which is the sympathetic and also the amygdala axis, which is the direct way to the adrenal medulla where we see epinephrine and norepinephrine.

So a direct and very fast stress response.

And the second very important axis we will talk about is the HPA axis, which is the brain, the

hypothalamus-pituitary-adrenal axis, which is also directly controlling the adrenal cortex and controls the

reaction in terms of cortisol. So we already see that

there's a fast system and a slow system. The fast system connected from the amygdala to the sympathetic to the actually spinal cord and then

to the adrenal medulla and the

relatively slower system in terms

of stress reaction is from the hypothalamus-pituitary-

adrenal axis, which means cortisol at

the end.

So these are the central influences of stress and every

stress will go into the immune system. It

will create chronic inflammation. Every stress will

create leaky gut, dysbiosis.

So stress will harm

directly, not only the brain and the central nervous

system, but everything that is connected to it. And actually

that's the whole body.

Then we see in the circulation after the traumatic

or stressful event, we see redistribution of

immune cells to damage tissues if there was an injury. But we also see first, more or less a very strong inflammatory response. Here it says anti-inflammatory because of TNF-alpha suppression. It's not completely clear the relation between acetylcholine and this TNF-alpha, but what is happening all the time is you will make interleukin, you will make NF kappa beta, you make a lot of inflammatory cytokines. You will create stress, always creates a cytokine storm, which is also the reason we see so many deaths at the moment, because the people they just get stressed by the situations they experienced in the last two, three years. And this is adding up to one reason for the excess death situation we see right now. And then you see here and the peripheral area on the right side. You see the inflammation, you see barrier function we're talking about the skin, we're talking about the blood-brain barrier, we're talking about the leaky gut syndrome. This is barrier function, generally. Then we see tissue regeneration, which is harmed by toxic stress. We see less circulation. We see less oxygen. We see a secretion of not too

good neurotransmitters, hormones,
endotoxins by
different shifted metabolic pathways.

Then here we see the chronic stress if
we cannot cope with this and here the interventions are
pharmacological interventions, stressor characteristics,
personal characteristics, social intervention,
and we can do a lot more,
tons more to fix the brain and the
body and to harmonize the stimuli and the reaction
of the body to them. It's very important. We just
go to the Platform in a second.

And then we can just check we will take
this one.

So you see which factors are mainly contributing
to stress and diseases - 20% is
geopathic, 40% is stress, emotional conflicts. So
we see 40% as well
for toxic sources, chronic inflammation, acidosis, fungus,
virus,
bacteria, parasite, heavy metals,
chemicals, the whole group
of environmental toxins and xenoestrogens. So
we see 80% of stress
related problems are
fixable or at least we are
able to support the systems and the human being with
Infopathy because we have tools for

stress in general. We have tools for calming down emotions, anxiety, fear, anger. We have tools to detox the body, we have tools to reduce inflammation, acidosis. We have tools against fungus, virus, bacteria, parasite. So actually with Infopathy we can do a lot of good things for the human body and against stress. So we will go onto the Platform in a second, and then we just start to find out how it works. These major causes of stress are more socio-economic, how you see yourself in different environments, like in your family. If you have a lack of social support, you don't have friends, the family is not supporting you, you feel alone, it's very important. Career concerns, like will my job be safe in the year from now, rotating workshifts is really hard for the body and the mind this is something I can only recommend to change if you can either stabilize the system with Infopathy if you're working on shifts, or you just change the job, or just do one shift, because there's no way that shift working is healthy. You cannot change the consequences for all the time that you work on shifts. So you have to have tools for it or you change the shift work. Then the, to work too much or don't work, like the feeling of being useless.

So you see these are mainly factors socio-economic, and they're connected to the social, to the environmental factors. So we have social factors and environmental factors and they all work differently in terms of stress load.

And then my systems are always based on symptoms. So when you're stressed you see I'm grinding my teeth, you know, like people say to you I'm grinding my teeth. Yes, you are so stressed that you're going through this, you know, this is the reaction it's a fight reaction actually. The tension in the muscles fight reaction. Skin irritations depends on different systems, the skin barriers getting weaker under stress, but also the gut is getting worse and then you get more problems with the skin. The sex drive is going - every time when a man or woman is stressed, sex drive is going down.

And for man, it's mainly the reason that cortisol is going up and testosterone is going down. And for women it's like, when you have to fight for your life, you won't get babies. And this is why the cycle, the human cycle, is getting turned off by chronic stress. This is one of the main reasons we see kind of infertility today.

The fatigue, there are different reasons for being chronically tired. The first

one is chronic infection Epstein-Barr virus, for example. The second one is the pain of the liver, fatigue is always a sign of a weak liver as well.

Like I said, the infection is a sign of chronic immune activation, which is tiredness because the body has to fight with all his power to beat this virus and we have tools for it to help. And then the third common cause is the adrenal malfunction, which means that the stress axis, the hypothalamus-pituitary-adrenal axis, step one, two, three is getting overloaded all the time and this leads to fatigue as well. And then the stomach problems, chronic stress leads to low HCl, which means you have a very bad digestion. Actually stress reduces all the digestive enzymes we see.

And then you also see emotional issues, you are aggressive, you have anxiety in situations where you shouldn't have anxiety at all.

You have headaches, etc, etc.

So you see, and the ADHD that

I just mentioned at the beginning, which is also seen in little kids already. So you see stress is a real problem.

Then we have an overview of all the system stress is

working on and we have tools for it to fix it. For example, I just go to the Platform now just to make it more practical for you, like more usable.

For example, the first system that is...Daniel, you need to share. I need to change to sharing. Okay, I'm sorry. So the first system that is getting damaged by stress directly is the amygdala so we have a PEMF for it and we also have a Complex program for it. A single program for the amygdala here and anxiety & stress here. And we also, when you go here, we have always these three options as you know - PEMF is pulsed electromagnetic field, Imprint is water, Audio is listening. So if I want to see what I can drink against anxiety, I can use Amygdalin, this is B17, which supports the amygdala, but I can also go, for example, when I just type fear, I will just turn the page to English, because I guess in German.

There you go.

And then you go to Complexes.

And why does it, oh

okay.

Here is something against sleeping problems and fear, for example, fear alone.

And then

I already made something.

Here you see the connection between stress and the bowel,
but this is what I didn't want to show you. This is, for example, trauma stress
psyche, which is for the
whole axis from the brain to the adrenals. I'm logged
out.

This is why.

Okay, there you go. So we have different options. You
can also use, for example,
different substances
like bromazepam, you know like against anxiety, but
you can also use the anxiety &
depression mix.

Okay, I created a lot of things in the
last years.

Bromazepam, Fluoxetine, Diazepam, Valerian,
Piracetam,
and Alpha GPC, so this is a very strong mix, but
it will do the job. If you

want to treat the brain with PEMF, I will go into detail later,
I will just give you an overview just to make it a little bit more entertaining. We
have a short Trauma PEMF, which is really successful. You
see here 841 likes and
62.6k downloads,
which is a lot.

And then the Trauma Acute is
more for acute injuries - if you combine the two it's very strong.

So these are

the first two programs you can use for the brain, but I will go back to the presentation and show you this slide again.

One second.

So for example, when you see all these systems here, we have neurologic neuroendocrine - I just showed you how easy it is to do something for the amygdala, which is really important. Then we have immunologic influences of stress and toxic stress. We have endocrine and metabolic influences and we have epigenetic and genetic influences. And the good news is, even in genetics, we have tools because PEMF signals and different other signals, also different sound signals, have shown to influence genetics every single time. So your DNA understands our sickness as well. So let's start at the top. Like I said, we can do something for the hypothalamus-pituitary and the adrenals. We can do something for the amygdala, we can do something for the prefrontal cortex. For example, we have the brain fog protocol, which is a PEMF you can always combine it.

You see the page now?

Yeah.

So what we do is, for example, if I want to work on anxiety, our favorite product

for it is Happy Water. So first of all,
when a client comes in, no matter
what, or if you want to help yourself, just use the
happy water if the person is not
too happy. Okay, it's very important, the Happy Water normal and
Happy Water Man.

You click on it, you shake a bottle of
water, and then you just put it on the IC
Pad, and then you turn on the signal
and program it. And every client, no matter what he
has, or she has, will drink
this in the beginning of the meeting, the
first meeting. Just to make sure
that you already bring the brain and the
emotions into the right direction because this will help
healing a lot.

And then as I said, the first protocol that we
use is the trauma protocol, and if you want to use single
protocols for the brain,
you can just type hypothalamus. This is for listening.

This is for playing a PEMF. This
is a single product, a single IC product
with glandular from the brain from
the hypothalamus and pituitary. Then we
have a Complex brain structure support with
different ingredients. So actually
we can fix every part of the brain if
we combine the right signals.

So then,

if you type pituitary, then you see the PEMF for it. Then you see the single IC for it. Then you see already the audible for it here.

So we have PEMF, Imprint, Audible all the tools we need on Infopathy just to influence the brain and to influence the different single parts of the brain.

Like I said, amygdala needs to be turned down a little bit under chronic stress, I will go into detail later on, and then you can just activate the frontal lobe by the brain fog protocol. So you have a nice balance: trauma at first, then amygdala, then brain fog, then you turn down the amygdala a little bit because then you won't have severe anxiety, fear, and all these things, and then you just turn on the frontal lobe, which tells the amygdala keep cool, there's no danger. So it's a really complex communication between different brain parts.

You can also use normal brain waves. They're really effective.

But my idea of therapy is a little more complex than just using brain waves.

Can you see the slide when I change the slide Anton? Is that working? Not yet. Ah, okay, just keep it like this. Maybe it works. Yeah. Okay, so then what is the health impact from the distribution of

the neurological systems, neuroendocrine?

We have a problem with the stress response in general.

We are very sensitive to stresses, might be sound, noise, whatever. It might be someone saying something, which is really not meant to be bad in any way, but you understand like this because you're so stressed. Then we have a lot of fear. We have a lot of impulsivity, like exploding or just getting depressed in a second, you know, like impulse behavior and aggression against oneself and others actually.

Then we see the inhibition of the prefrontal cortex. I just talked about it. Then we have a lower executive function. No planning, no decision making, no impulse control and emotional regulation.

So you see already in the first system, oh, we are in trouble because when you combine what I just read to you, then you will see that this means you're completely unconcentrated, emotionally unstable, aggressive, you're completely out of balance, and this is for you and your environment very very taxing and very hard to cope with. And in my opinion, I don't have anything against psychotherapists or someone like that, but how long do you want to talk about something to repair everything that I just explained to you?

You can, all the time you need
to search professional help if you have any health issue, that's clear.
But why don't you support yourself
or your clients with these modern tools, because
otherwise you might talk for
the rest of your life just to get a little bit happier. So
combine the technologies, combine the medical
systems, take what is not
harmful, take what is fast and safe without
side effects, and then use it for the person
this is what we call integrative quantum therapy,
which means we integrate very
modern biophysical ideas,
like PEMF and ICs and signals from
substances and all other means that
are not toxic or dangerous to help the person.
So I even treated psychological doctors
here and even they said, oh,
it's really impressive how fast you get better and how fast
even the doctor himself was better.

So when we look at the immune system, we see most of the time
dysbiosis, inflammation, leaky
gut, we see a risk of infection, immune suppression,
we see autoimmune disorders. Actually all autoimmune diseases
are based on three factors -
stress, toxic stress, then infections, and
then environmental toxins themselves, like
heavy metals, aluminum, light metal, chemicals,

solvents, you name it. So, there's no thing in this world like an autoimmune disease where someone is just, where someone doesn't know why the immune system in the body is reacting this way. If you understand health and disease properly you will find out, every person that has an autoimmune disease has at least one stressful event very severe, at least one infection, most of the time more than one, and at least two or three different toxins, most of the time 9 out of the 10 most toxic substances are found in all humans and especially in autoimmune disease patients.

Then we see

cancer is also the same.

Virus, parasite, toxin, stress

and this destabilizes the

host, which leads to wrong cell

cycle formation, chronic inflammation, and also to

heart problems, and cardiometabolic disorders like

high blood pressure, diabetes,

arteriosclerosis,

a stroke, you name it, thrombosis, all

these kind of things. Then we go to the next level, but

first of all we go back to the Platform and I hope you see the

screen right now.

Do you see the screen with the Platform? Yes. Perfect, now it works

better. I'm getting use to Zoom.

When we look at the second step and when we

just talk about this slide that I just show you right now we go to detail later on as well. Then we see mushrooms for the immune system. So always choose one IC to drink matching the problem and at least one PEMF. So now we look at a Complex for the immune system.

You see something for the kids, infection and the immune system,

so this is a good mixture.

So you can use it for immune support.

And for example, there was a study done with umifenovir with nurses and I guess it was Russia.

And it was very successful and it showed that they get less flu and viral diseases when they take the signal of umifenovir on the regular basis.

Then if you want to know what's in the mix, you can just click on one of the products, go down, and then you see,

it was made with my vitamin C, D3, zinc, citrus bioflavonoids, elderberry, lemon balm, aloe vera, maitake

mushroom, and taiga root. So good mixture of vitamins, minerals plant-based products, to support

immune system. So this is only one product

I combined in infection and immune system

Complex.

So what you can do is

because no patient is the same and now,

for example,

if you want to modify it for a specific,

for example, a virus, bacteria, fungus,

for example,

if you want to go

for bacteria, you can add antibiotics.

There it is you see, Azithromycin. So if it's

for a fungus

Fluconazole. If it's for

a parasite Fenbendazole.

You can also combine them all.

But then you have to take something out, for example the nutrients,

because otherwise we have more than six products and

I guess if you put too much in one Complex it's not

too effective. So you can take a product and

individualize it for the patient.

So you can just find out, okay, the patient has

no virus, but he has, for

example fungus, and then you can just for example

go to fungus,

and you know, the fungus is causing the immune suppression,

for example.

You can also just type inflammation because we have

every kind of product against inflammation.

Again you first of all drink a Complex

like this pain and inflammation Complex here.

And you see oxycodone against pain, ibuprofen is

a mixture, acetylsalicylic acid. I hope I pronounced it correctly, you know what I mean. Aspirin, I guess, Curcumin DHA and ginger is also very anti-inflammatory, dexamethasone, and now we have here a Complex and if you want to check what's in there, just to make sure you do the right things. Oh, there we go, quercetin, turmeric, bromelain from a pineapple stem, and ginger. So also good plants against inflammation. Then you just shake your bottle of water, turn on loud, turn the signal on loud the audio signal, just put it on the magnet (i.e. Glowing IC Pad), and play it into the water and drink it. And afterwards you choose the PEMF for the same problem and then you can just influence inflammation. There you go.

We have spinal cord inflammation, intestinal inflammation (RIFE).

For example, we have an inflammation and pain, which is very popular I see right now because it has 23,000 downloads.

Then we have like general inflammation, which would be inflammation and pain and then you can go, for example, to specific parts like the jaw, periodontitis, the gums, whatever, so you can go into different areas of the body and take out inflammation.

Or like I said before, if

you want to control inflammation, you have to control the immune system.

You can drink your Complex for it, and then

we have a PEMF immune, which is

also very popular 20,800 downloads,

auto-immune correction, I don't know

what is in there because if this would be

auto-immune correction, it should have something against stress, it should

have something against toxins, and should have something about

a whole range of infections, so I

would really like to learn what's in there and how it

works.

Then we see here a combination

from JÄrg immunity boost, immune, master

energy, a little

let's call it

a creative mix.

What you can do is the immune

PEMF is based on science as

well, so we can show data.

The 2.0 here is much longer

and a little bit more complex, so this is the long

and strong version of my immune system PEMF.

And this is the shorter version, as you

can see 6 minutes 49 seconds, and it will already help you

to stabilize one of the main consequences of

chronic and toxic stress, which means

inflammation. Then we

have endocrine metabolic changes. I will talk about this a little

bit later, because for all these systems we have more slides and more things to explain, but you can be sure you can influence all hormones. We can do a completely digital hormone replacement therapy, which means we can for the women, very important, we can simulate progesterone. For the man, we can simulate testosterone. For menopause of women, we can do safe forms of estrogen supporting therapies. So we have a whole range of tools. And then we also see the genetics and studies show that PEMF in general is very helpful for oxygenation, for reducing inflammation, for increasing blood flow and also nutrient transport. And it also changes the membrane gradient on the surface of the microchondria and on the blood cells as well, so they get a positive polarity outside and can better stay away from each other and the metabolism is better.

Well I see two questions, I will just answer them shortly. Can you read question before you answer it?

Yeah.

Explain a bit more about not giving a patient more than six ICs at a time. What happens? Well, the data shows, I said in the question answer, I will shortly repeat it. The data shows, the less you take, the more

specific it is, the better it will work. For example, if you have a patient who takes thyroxine in the morning and you give the signal of thyroxine, in the studies, it was shown that the patient was able to to reduce and even to stop the real thyroxine in a matter of a week, actually it was very fast. Or a diabetic who's on metformin, just give them the single signal and it will be the strongest solution because it will not only strengthen the real product, but it will also harmonize the side effects. In the studies they used one, two, three substances. I didn't see a single study from Infopathy and the technology connected to it, I didn't see a single study with more than one, two, three signals in one Complex. So six is maybe possible, but the data is really thin, so stay precise don't do too much and try to hit the system, or the toxin, or the infection from many different angles and pathways. But if you have one substance you take, replace it with a signal, and keep taking the substance till you, for example, see in a high parathyroid reaction like high pulse, sweating, etc. and then you just reduce the real product, and then you can just slowly go out

of it and control the values with your doctor or therapist.

Then Mary is asking, what if you are
a client on pharmaceuticals, but there's an imprint of
one of
in the imprint.

Ah, this is what I just explained without knowing the
question, because I just read the first one. So you can
check different parameters, symptoms
in like I said,
an example with the thyroid it is like you get a hypothyroid reaction.

You get nervous, you get sweating, you get higher heart
rate, pulse, you know, like the pulse, the hearts
really pumping hard, and you're sweating all the
time, and you're very hectic, and you're losing weight, then your hyperthyroid,
and then you should go to the doctor take the
values again and reduce the real drug and
keep the signal the same.

Mary is asking does a client ever go through detox reactions
with doing Imprints? What to do then? It's very
rare and most of the time a consequence of doing
the wrong things at the wrong time, which means
you start to detox someone just because you think
the gut, liver, and kidneys are doing the job
and they're not doing the job, and then you recirculate
all the toxins, and then you get reactions that
are not really good. This is why I have developed system structure. If
you know, for example that toxic stress is
always a main cause for leaky gut,
how much sense does it make to you to take probiotics all

the time without fixing the brain and stress?

Because I always ask

myself why do probiotics stop

working,

maybe one or two days after you took the last pill? And

it's because the main causes for

dysbiosis are not fixed. And this is the

brain, stress, and the central nervous system

and we have tools for it.

So if you have a detox reaction it's actually not

bad and I would

not be too sad about it,

because

it might be a sign that what we

do is working and you should prepare yourself. You

should prepare your stress, you should prepare your organs, and

then you start to mobilize and to excrete

the toxins properly.

But if you do not follow proper steps,

then you're in trouble.

What I said in the beginning, I just showed you a

lot of things on Infopathy already. But what I showed you

in the beginning is we have a positive stress response, which

is really good and

shortly the heart rate, blood pressure, and the

hormones adapt to the stress, to the positive

stress, and then we go very fast back to homeostasis,

go back to balance, and then we just won the

game, passed the exam with a good mark, whatever. We reached our goal in our job. So this is positive. Then we have a tolerable stress response, which means it's not too positive, but the system is only changed short term, which means maybe a week or something not too long, and then it just goes back again. But when the toxic stress, or for example natural disasters, like you see in the lower row, but when the toxic stress is coming, and this is what I just showed you the results of toxicity stress in all the systems, then especially in children as well with ADHD and all these brain dependent diseases, then you get a real risk of chronic disease, of health risks, of disorders. And the allostasis the missing homeostasis, which means the, you know, it's not balanced, the systems out of balance. This means you will go to chronic stress, you will go to chronic disease, and you will be in trouble, and you need tools like Infopathy to fix it. Here's just the overview: positive over time, it just disappears. Then the tolerable stress means it is serious, but it's only a limited amount of time and then the prolonged, like I said, the prolonged activation is really toxic and we need to avoid it at

all costs and we need to help adults and children to get rid of it and to help to reduce toxic stress and make it a positive stress response again, and to repair the brain parts that react to it.

So do you have questions until now?

We will go to the Platform in a second again, because now we're going to the brain parts and neurotransmitters and the influence of stress from the outer world through the brain. So do you have questions until now?

You can ask whatever you want to.

Topic related would be good.

So you still have time to ask questions, I will answer them. So if you don't have questions, we just go to the, oh, there is one.

Uh-huh, in the studies the persons that were studies done with only a few days of usage of an IC and there were studies done with over a year of intake of an IC. So it's depends a little bit on the problem, you want to fix. For example, if you have a seasonal allergy, you drink your allergy extreme water, or your cetirizine, or whatever in the morning and then once the period of time is over like, you know, we have late summer or something and the allergy is just going down, then you can stop it. Or if you want to lose weight, they did it for over a year and they used weight loss complexes

and they took every day 250 mL
to 2L only of this product to lose
weight and to get rid of metabolic syndrome. So,
use it as long
as you see results, but
be a little bit patient. In chronic
or severe case it might take
days and you need to know how the person, the disease,
everything is working. The physiology
of the impact should be clear
so you can choose the right steps to fix
it.

Can the Complex Happy Water be given to very small
kids without side effects? Yes, it
can be given to kids. But, if you
understand the base, the question is first of
all, why do we want to give it to kid? If the
kid is not happy, it is traumatized in
a way. No matter from which source but it's traumatized.
So what you need to do is first of
all, you take the trauma or trauma acute PEMF and
I would go a different way. I'll show you on
the Platform again. Wait, I need to sort this here so I
can work again.

So,
one reason they are so hectic is
a lack of GABA and serotonin.
So what you can do is, you can take a product,
this is

more serotonin influencing like

Serotonin Booster here.

And then it's not

too strong. But first of all, for every

kid,

you do trauma, all the time trauma.

Trauma here or the Trauma Acute

depending on the situation. And what you can do is,

also,

you can just take

fluoxetine, for example,

the single substance and give it to the kid. Or

you take something depending on the symptoms.

Valerian.

Or there's no fault in

giving kids magnesium

to calm them down and to make them more controllable

and to support many pathways in the

human body. And as I said, as I saw

these days, we also have orotate which is the best

magnesium on the planet.

And it has shown to be preventive in

terms of cancer, heart disease. It's one of the very very

researched and RNA entering forms

of magnesium, very healthy. So, first of

all find out what the problem of

the kid is - so why does the

problem appear? What happened to the

kid that you want to give it Happy Water? Because this means the kid is not happy and this worries me.

So if you can help this kid, or your kids, or whatever we would be happy to do it anyway.

Following up on the length of use question, how long would you use a Complex to clear accumulating life trauma of the sort most people have where you would necessarily see tangible results to show when you

show you when to stop? For example, I had a client he came to me and he had severe fear of flying in a plane for example. And then I treated him once a week for six weeks or seven weeks and then it was holiday time.

And I was on holiday and then I got the picture and he was kind of looking out of a plane and was flying back to Turkey. Now he's doing a lot of trips to Turkey because he has lost all his fear.

So, you need to first of all, clear the brain.

So if you do not work with Trauma or Trauma acute, I will add now the PTSD protocols.

I just have a lot of work to do and I just don't know how to do it, but I will try to do it. I will

do the PTSD. I will do something more
against anxiety and depression. So
I will do more for the brain and also for the different parts
of the brain because I learn every day I can
do it more precise. Okay, but, for example, a
person came to me, another person,
she was crying at the door.

She was depressed for five years. I worked
with her two hours and she was never depressed again.
So, when do we see results? Most of the time directly.

So always look at the whole human being, look at
all the circumstances from the
actually before birth if it's
possible to the time they come to you, and then
try to find the root cause of disease and
repair it.

It doesn't matter when the trauma was, it is important
to help the brain to understand that it's over, that
the threat is gone, that you have to turn on the prefrontal
cortex and the frontal lobes so that the control is
getting better. You have to calm down the amygdala just to make sure the
brain understands that the threat is gone. And that, for the
first time in life, it is okay to have
a normal calm stress response.

Yup, PEMFs can be used in every age,
the same for ICs.

And yes, you can imprint breast milk.

I will always imprint, I would always do it,

because if you didn't prepare yourself for pregnancy properly, if you look at the data of, I can just try to do it.

One second.

I don't want to shock anyone, but we need to deal with the realities. You know, I mean, this is not kind of wish what you like place to be and there it was, wait.

Your milk only contains traces of toxin, and very likely to be harmless. This is what the WHO is saying.

Well, actually, it's not true because, we see that the amount of chemicals is rising every day and that it's getting toxic and the same is true for different interventions, which have been popular in the last two to three years. They all accumulate in the female breast and the babies are drinking the product, and the nanoparticles they're fat cover, this is why they call them lipid nanoparticles.

They enter the breast milk, they enter the baby, and they accumulate in the steroid producing and fat depending systems, which are ovaries, thyroid adrenals.

All these kind of systems. Or the testicles in man, this is why we see so many problems with testicles

these days. Okay, so breast milk should be programmed with the detox and we can do something like a breast milk optimizer for the little babies.

But let's see if you have something for it.

But I would do it for you right now, because creating Complexes

for different situations is always very good.

Okay, so we don't have something for programming breast milk.

So we just create something.

The question is,

I hope it's okay if we do such an example, because we call it the breast milk harmonizer.

I just show you how to do ICs because I already see some practitioners they're still not too too fast in it. So just practice it and I show you just one example.

And then we just need to ask ourselves, what is good?

And good is chlorella.

There's no fault in giving the baby chlorella, because it just binds the toxins.

Then it's always good to have a probiotic, like this (Immune Boosting Prebiotic + Probiotic).

Then we need something to detox -

Calcium D-glucarate is really safe.

Calcium energetic field, no, but it's really interesting, I like the idea. So then

All in One Nutrients because there's no reason to have a lack of nutrients. Then generally for the brain development,

I would take this one (Omega-3/Polyphenol Combination).

So we have something to bind toxins, also some nutrients. We have something for prebiotic and probiotic. We have something to detox. We have all in one nutrients. Maybe we can add

to make the detox character more strongly, the Activated Charcoal. So we have now six products. This

is something you can put in the breast milk without a risk and it will optimize the milk and give the

baby things it needs, like all the

nutrients, Omega-3 for the brain for nervous

system, the charcoal just to take more

toxins out of the breast milk, chlorella, the combination,

like I said. And then we can say

it cleans and restore, right?

It's a little bit digestive. It's a little bit immune.

And then we just go for

animals, people, and go on submit

and there you go.

And now I make it public, so a

lot of mommies are able to do something good for the

baby right now. And if you don't program the breast milk out of the body, just take the IC Pad on the breast, program the whole breast and that's it. Okay, so it's no problem to put it on the breast and program it, because the breast is very water dependent.

Yes, you have said, not to use PEMF in water.

You can do it. But you know, I'm getting paid for fast results, not for for PEMFing water for 20-30 minutes a day. So in the daily practice it's just not practical. We have clear separations, we have a PEMF, which you can apply on the body normally and I would always start with these three main pillars just to make sure you don't get confused. So PEMF supplying on the body part.

ICs are programmed to water and audibles are listening. I don't let the water listen to an audible, even if it's possible, because just a waste of a lot of precious time I can use to make people healthy.

So what you can do is, what I do very often for example, if I take this product right now the Breast Milk Harmonizer, go to copy and modify.

And I want to make a product
Brest

Feeding

Harmony.

And the breast tissue, I just go to another example.

I just go on but I guess it's very helpful

in the way.

So, this IC,

and I call it not IC, I call it

PIC.

Why? Because now

I take the

Female Breast Health PEMF,

put it to all the ICs. Okay.

And now go to submit.

And now,

I go to transfer all at once and now I have the PEMF

for the female breast down there, wait

here's the PEMF, here the last product. And

now

the software, the Platform will transfer the

PEMF together with all the

nutrients directly into the female breast. So this is a perfect product

and then just click on play and I transfer the

PEMF and the ICs directly into the body.

So, let's see.

Well, because normally

you're giving breasts every single day, you should

use it at least Monday, Wednesday, Friday. So

you already have a high frequency of usage

to support yourself and
your little baby.

Anton just did something. What did you do? Please answer questions.

Okay, Breast Milk Harmonize Complex.

Was this example okay
for you? I hope so.

So any questions to the last example, any questions
to what I just explained?

Okay.

So you understand you can create Complexes and
combinations of PEMF and different substances
in many many many different ways
and they will do the job.

And we'll just go back to the Platform again because when
we look at mental health and stress and brain health
there are a lot of factors influencing mental health.

And mental health is very important because when
you have a good mind, a healthy
mind, you already have a good basis for
health in your body in every system skin, endocrinology, bones,
whatever.

So let's start in the middle.

In the yellow column over here: traumatic events,
physical and emotional, trauma traumatic
brain injuries, and then also
prenatal trauma because babies they
feel and hear everything,
but they in the womb the babies, they just

feel and hear everything, every emotion is information. They just get it all. And

there's a question, I'll just go to it later and just

keep this file, and then we talk about the question afterwards.

So anyway,

we see we need something to fix trauma, to

fix the brain, to fix emotions. This is very important.

So when you go on the Platform,

for example, let's start with the trauma. I just showed it but it's important

that you do it this way and that you understand, it's really important.

So what we do is, like I said, someone is stressed.

I mean who is not in

a form, in kind of way, traumatized

stressed these days? I mean hello,

we have 60% more inhabitants in

child psychological,

like I don't know how you call it. But the mental

diseases of children, they just increased a

lot these days. More than 60% more uptakes

in these special clinics they use for it. So it's

a complete disaster. We need to fix it.

When you go to Happy Water and to Complexes, you shake

your bottle of water. You drink the Happy Water or for

men, the Happy Water Man over here.

And there's a little bit testosterone in there just to make sure

that the men are getting back to

normal in terms of endocrinology.

The normal happy water, and like I said for kids,

you can work more on single substances or

serotonin.

The Serotonin Booster

is really good for it.

There you go.

Then when we talk about trauma, we just type

trauma. Like I said before, we have the

Trauma Support (Rife). We have my short

Trauma PEMF, which is really good and very

very functional, very fast and we have

Trauma Acute, which is also very good after acute injuries. Then

we have something this is just going down the

pathway trauma for the brain, and then

you can do sympathetic relax, and then you can

do vagus nerve. So the trauma

hits the amygdala, activates chronically

the sympathetic pathways, and down activates or

down regulates the parasympathetic and the vagus nerve,

so you can use this one (Trauma Vagus Sympathetic). You don't have to take, for

example, the sympathetic nervous

system balances, because the sympathetic relax will do the job. So

this is, in my opinion, one PEMF too much,

but anyone can do what they like. This is the fast

way trauma, sympathetic, vagus.

And the next system, if we want

to do it completely,

you have to add something to the list.

And this is, who knows it, the adrenal

medulla because this is the connection we

have and if you want to, hello, ah, just

touched the pad I guess. And

if we know

that the amygdala

is involved

in the stress response, I would also include

it and then like I said, the medulla.

And then we have everything together. We have the Trauma

for the whole brain and stress, then we have the

vagus nerve, we can downturn or kind of

reduce sympathetic activity. The amygdala should

go up in the hierarchy.

So I need to

oh, I

am not sure can I just shift up the...

You should be able to do that on the right part. Yeah,

just click something wrong again because I thought

because I want to have the

amygdala up there.

There you go. This is what I was looking for.

Because this is correct, right, first Trauma, then Amygdala.

Then we can turn on the Vagus, can turn down

the Sympathicus, and also work on the Medulla. And

now we have a protocol, which

really goes down the.

Wait, I just name it,

Amygdala Sympathicus

Medulla Axis, I would call it.

So people know what it is.

Oh wait it's not the title.

Oh wait. I just copy it, bring it up there,
paste it in.

Okay, Amygdala Sympathicus Medulla.

You see a threat, the amygdala responds. The
sympathicus gets activated, medulla reacts.

And this is the complete pathway from the
brain to all the brain parts actually combination.

Amygdala, Vagus, Sympathicus,
the Medulla.

Then you say,

it's mental health, yeah, it's also endocrine.

It's a lot of things at the same time actually. So you just take
the most obvious ones, go on submit.

And now we created.

a PEMF complex

for the central first line

stress response system.

And you can try to do transfer all at once, which would
mean all the frequencies will be transferred at
once. In my opinion, it it should work.

We have not a lot of data

about it because it's like with steroids you don't take 10 of
them, but you take one and research it and it's the same

with the PEMF. They take one single frequency, one concept and test it, and
they don't combine 10 different informations.

But, when you see the physics

behind it, it should work.

So is that clear for you, is that okay?

I hope so.

Oh wait.

Here you go then.

Now we did something for the brain, for the trauma,

for this kind of things. Then

we go, okay, the economics

it's difficult. We can

go for sleep, for example. We can

go for biological agents, pathogens, infections,

toxins. So we do something for nutrition,

like I showed before, and then we just talk

about the infections this here, just to make

sure you understand we can influence every factor that

is connected to mental health. I'm not going

into details about genetics because it's too complex, but we talk about

a little bit about pathogens, infections, toxins,

and nutrition.

So if you want to to use

the Platform against infection you just type parasite

for example, this is also connected to stress because every infection

is creating a stress and I won't go into every aspect

of parasite attacks or something,

but just to make sure you understand, it's a very important factor

for mental health. For example, if you have toxoplasmosis, it

will influence your behavior in every single

aspect. Every parasite has the ability to change

behavior. For example,

toxoplasmosis will lead the host towards cats. So

liking cats is not always just
a social factor, but it might be
that you have toxoplasmosis and the parasite steers
you to the host, to the possible animal that
it needs to spread itself. So we
are controlled by infections, stress,
and toxins actually, and we need to get rid of
them. You see a different substance against parasites, we
can kill them, it's easy. The same is true
1666
01:25:34.700 -> 01:25:37.300
for fungus and I'll wait before

I show fungus.

We can also shoot with PEMF at different,
specific parasites, Ascaris Suum Parasite, for
example. We have Liver Flukes
here from
another Practitioner. We have HPV. So you
see we can influence. Also Epstein-Barr
virus. And it's patented
technologies, so the frequencies
there's a high possibility that they do what
they should do. You drink the EBV Target Complex, you take
the PEMF, and you try to get rid of the
pathogen, the virus. For example
you can do
chemical detox.
So you can drink,
for example,
Spike Protein Detox. You can do Chemical Detox. You

can do Regenerative Detoxification.

You can do Estrogen Detox. So you can detox many different things. You can also go for a mixture like Detox Fitness, it's a mixture of substances.

You can also go for example, for Heavy Metal Detox.

So this is what causes stress, toxins cause stress. You can just bring them out of the system.

There you go - Rife

Metal Detox,

I created a Complex as well.

Here Detox Heavy Metals and I just made a new one.

And then you can just click on update and I'll say oh, yeah, that's good.

Hello.

Accept changes, okay.

And then you have

Alpha-Lipoic Acid, Chelation Complex for

heart health, we don't need it actually anymore because now we have EDTA and all these cool things on the Platform. So actually

I thought I changed it, but maybe it didn't save it.

Anyway, we can go for

like Chlorella and these kinds of things, but we

also can go to really hard substances like this one (EDTA),

which is really to detox mercury, for

example, cadmium, or lead, so this is really an intense detoxification product. And before you detox, make sure your organs work or you will get lost somewhere. And nutrition I just showed you before all in one nutrients. We have all these I can do it. We have magnesium.

So nutrients,

D3,

we have zinc.

Okay you name it, you can do it all the time, the whole day. Selenium.

Okay, so you name it. You see we can do a lot of things even in terms of nutrients.

So then

the rest is not easily influencable by Infopathy, but sleep is also a factor we can just show.

Sleep is one of the most important things for health. If you don't sleep properly, you are in trouble. Not sleeping well at night, like waking up, is depending on organs and also on the stress axis itself, like over the day how your stress values are in the evening between two o'clock and five o'clock actually, controls the way you wake up at night as well.

Then we see waking up for going to the toilet, which might be a sign for prostate problems. We see different reasons, but mainly stress and

organ related.

Then you can do Serotonin Sleep, Menopause and Sleep.

You can do Sleep Complex here. You

can do Endobalance Sleep and Stress. I try

to create a lot of different Complexes just

to make sure

you have solutions. And then we have a PEMF for it as well.

I don't know why it doesn't show

the sleep PEMF that I created.

I don't know, maybe I type Schlaf

in German.

Ah, Super Sleep PEMF, there it is. This is

for the support of sleep and

not the pituitary, you know,

like the,

how do you call it?

I've already forgot the term. In German it's Zirbeldrüse (pineal gland in English).

(Pineal gland in English).

But anyway, it's for this kind of system.

I know the frequency number,

wait, I will just check because I always hate to forget something.

Just one sec.

There it is pineal gland.

I always confuse it with pituitary. Pineal gland

is the name and this is responsible for sleep.

And this can be influenced by this PEMF. Now we

have it correct because I always hate when something is not

accurate.

Ah, by the way, I see one factor

I forgot to mention in terms of toxins - radiation.

And I did a Complex and maybe Anton you can just publish it. I just show it to you.

It's really important because I thought we have problems. Here it is.

So this is against radiation, for radiation detox, you know, this is immune stabilizing. This is also stabilizing. This is for the thyroid in terms of damage with radiation. Fullerene is also for detoxification, and then we have immune booster, and here is DIM (Diindolylmethane). And if you take DIM under radiation influence your organs will stay healthy. Okay, so we covered that as well.

Then when we look at the brain itself, when it gets stressed, I mean we saw all these factors influencing mental health and the brain at the same time. So we see again, we see Chronic Social & Environmental Stress. The environment we live in, where we work, our family, our friends. Then we see Physiological Stressors. So

stress leads to more diseases, and diseases lead to more stress. So it's a kind of very bad system that gets activated. Metabolic Syndrome, which is shifted blood fats, blood pressure, and blood sugar. Inflammation, Circadian Disruption. Actually every

stress disrupts the circadian rhythm of the body, which means you will be awake when you shouldn't be awake and tired when you shouldn't be tired. So there was a study with 400 people and they try to find out who has a normal circadian rhythm and actually it was none.

No person was perfect in terms of rhythm.

Then we see Genes, Development, Experience, past life experience as well. And then we see the responses depending on the brain and then we see this sums up to the allostatic load, which we saw in the first slide as well. This is very very important to understand.

This is also the basis for fear and anxiety as well. We need something, like I said before, to activate the prefrontal cortex, because when you're stressed, we have fewer connections and altered connections in the prefrontal cortex in the frontal lobe as well. And then we cannot regulate thoughts, emotions, behavior.

We're just completely mad. The hippocampus it gets also it's an atrophy, it gets smaller. It has fewer connections, new neurons are not getting created anymore. The volume is going down because of chronic stress and then we have memory problems like short-term memories always a sign of hippocampus atrophy.

Then we have different problems in terms of cognitive function, adapting to situations

and information, and we cannot just remember anything because we cannot learn and store. Then the amygdala very important. And we can just fix all of that, but I guess we don't have a PEMF for the hippocampus, but I guess I can make one. I just need to check, but I guess we don't have one, right? I've never checked it before.

But I can make one for you if you want to. Anyway, we need something for the prefrontal cortex, for the hippocampus, and for the amygdala at least to control central stress consequences in the brain.

When you talk about, like I said, stress, normal stress, positive stress, tolerate stress, toxic stress, we talk about the PTSD and the PTSD-TBI combination, which means you have the car accident where your brain gets kind of injured, or you have a hole in your head, or something. Or you lose someone that is just beside you in the car, and you get a brain injury, which is the worst thing that could ever happen.

And PTSD, we have always and every disease we have an interaction between environment and genome. This is called epigenetics.

We see an activation of different genes with PTSD experiences.

We see a lower hippocampus volume.

We see cortisol, in stress

cortisol is up, and PTSD cortisol is

down, because of the chronic overload of the HCTH axis.

Like the brain

tries to fire the adrenals all the time, cortisol is getting released in stress. And PTSD, it is so long that the body just cannot make stress hormones anymore.

So it's not actually, PTSD

is not a sign of high cortisol but of low cortisol, which changes the strategy in terms of activating the cortex even stronger and repairing the

brain even more intense. Then we have the symptoms we are experiencing, because in PTSD the brain thinks it is always in the moment of injury,

it is always reality every single second. It didn't stop in the brain, in the stress system. So we need to make it stop. We may need to sort it in terms of time and place and tell the brain, you're safe again, keep cool.

Then we see different biomarkers, neurotransmitters.

We see GABA, we see serotonin, we see dopamine. We see changes in these kinds of important systems for behavior, for being awake, for being lucky, whatever. And then we see brain effects, we see immune effects and hormonal effects, this is just what I explained before already. But here you see IL-6, TNF-alpha, CRP, Natural Killer cells go up because the immune system is just getting overwhelmed and

crazy again.

We go to questions at the end of the section.

Because I already see questions, but we just go forward a little bit.

One question regarding the one IC Complex you made with PMS.

In the chat, how many times do you recommend to use it? Like how many times a day I guess?

Wait, I'll just check.

Here are questions in the.

It's possible

to run a PEMF while opening a second tab to run an audible or drinking IC program. Yeah, you can drink the IC by running the PEMF and listening to program even you can choose a sequence.

You can, for example, drink the Happy Water PEMF, the trauma, and listen to stress and conflict release, you can do it. So there's always a possibility to combine the information.

And then we go back to Alicia, if you're trying to do a daily supplement regime, there are more than six taken all in one nutrient.

And you can do yeah, you can do one Complex all in one, for example B vitamins or vitamins in general, and the other one minerals, or you just go to the all-in-one now, you take a multi-vitamin.

Here we have All in One Nutrients. You can just type multi.

And then you see Advanced Multimineral Formula, Powerful Multinutrient Complex, Men's Multivitamin. I mean, did you ever see so many different products in one store? I didn't, so it's really cool. So you can do for example, a Complex, you just go on Complexes.

You go and create it. Actually you take a new one. It's very fast and easy. I just don't name it. I just make an example so it doesn't consume too much time. You just say Mineral Vitamin Complex. You just type mineral.

There you go.

Then you just type vitamin or a multi.

And then you just take Powerful Multinutrients, or if you just want to take, you're a man for example, or you're a woman over 50, let's say your woman over 50, you take the the women's and you just put them together in one Complex.

And then, yeah, I mean, this is all the systems actually, if you do it correctly. Just immune and lymphatic, that's it. You go on.

Submit and now you have a Complex with two products.

1 multi-mineral and 1 multi-vitamin. That's

it. Okay so easy.

So,

and normally yes, when you drink enough of it, at least

200 to 400 mL a day, then you

will get results. I don't

take any pills for the last five six years and I

don't have any deficiency at all.

Does infection Complex just

made help with Lyme?

Okay, Lyme.

Just go on the Platform,

type Lyme.

And Lyme disease, this PEMF (Lyme Borrelia) is

based on the genetic structure of Lyme disease.

And then I created a complete Complex. So you drink this

Complex here Lyme,

in German Borreliose.

You take the Lyme Complex,

you drink it.

And afterwards you take the Lyme disease

PEMF and I would lay down and put the IC Pad

on top of the head, that it just goes through

the whole body and radiates the whole body.

So you see it's no problem. Then I created

the PEMF for the FSME Tick Born Virus, also patented

technology, also very intense,

very functional, very

very

intelligent the person that patented the technology of getting the frequencies really a wise one. It's not me actually.

So you see this is possible, no problem.

What is CDR? I don't know.

Would you use a similar, general approach for neurological issues in the brain such as seizures? Well it depends on, this is not something I would like call a pure neurological issue.

But no matter

which disease you have,

our cell danger response. Yeah, but this is also based on trauma on all these kind of things. So you have to control the brain.

Then you have to control stress axis, and then you have to control the immune system. And then your cells are not in danger anymore and they do react normally to external stimuli, I guess.

For example, if you look at

Alzheimer's disease, it's a combination of two herpes viruses - herpes 1 and reactivation of herpes zoster.

So if you look at a complex problem as

Alzheimer's for example, what

you need to do first is to give them something for the brain. You can do brain structure, even if we know it's a virus, you can first support the tissue.

Brain structure and I'm talking about Alzheimer's right now, for example.

Then you go Brain Structure Support. Then you go, we

know it's herpes.

I can maybe

show you the data.

Just a second.

Trigger for Dementia and Alzheimer's

is herpes.

Herpes increases risk for Alzheimer's. The brain is

victim actually easy. The brain is

victim

for stress, for infection, and for

toxins, so what should it do? Getting healthier without help?

So then you can look at what kind of

pathogen could

it be. If you know, it's for example, we know type

1 is causing Alzheimer's, so

you take something, a Complex against herpes,

a broad one, this one here (Herpes), for example.

And then you take the PEMF matching the type of

herpes.

Because, I've created a

lot of PEMFs for different types of herpes

viruses.

There you go. Type 1 HPV Type 1,

herpes zoster-nosode, chicken

pox herpes 3, there you go. So you see, you can

kill herpes, you can kill the cause. And the

consequence, the symptom. Symptom would be

cognitive impairment, cause would be stress, toxin

infection. So find out what it is, kill it, and the person gets better. If you want to do it more general, 40 Hertz pulsed light and vibration is very good for the brain and then you just type 40 Hertz, like this, and then you can just play the 40 Hertz look at it and it's really good, because when you go for Alzheimer's 40 Hertz, then you see that it's good for Alzheimer's.

Promotes learning and memory long-term depression in wildtype mice, but there are also studies better than that one.

Brain light, 40 Hertz rhythms fight Alzheimer's, there you go.

At the cellular and the mental, or cognitive, or brain level, okay.

Here it is, by flashing LEDs at 40 Hertz.

And our IC Pad is so cool because it has electromagnetic wave and light. This is very important for the effects.

And it could kill the harmful amyloid plaques, and tau tangles which are very common in Alzheimer patients. So you see, 40 hertz can help a lot with the brain, so easy.

And I really love Infopathy for being so helpful and easy.

Okay, so I answered all the questions. So I just do the rest of the presentation.

It's not too much anymore. I try to to do it fast and accurate. Here you see the stress response in terms of endocrinology as well because every stress changes hormones.

You see here metabolic changes, glycolysis, gluconeogenesis, means you get diabetic when you're stressed even if eat no sugar.

The shift from anabolism to catabolism, cortisol and corticoids, and everything is really catabolic. Lipolysis, you get thinner at the beginning under chronic stress.

And then like I said, you get diabetic, insulin signaling is disturbed. In the immune system apoptosis can be stronger or not too strong, which means cancer at the end. So cytokine chronic inflammation is the main cause for many diseases in the world.

Diabetes, gut problems, bone problems, you name it, skin problems.

Pro-inflammation is also very strong.

Like I said, the the pro-inflammatory response is getting stronger, anti-inflammatory is getting weaker over time. And then we go into the behavior part, and also oh, my heart is racing all

the time. I'm grinding my teeth. I have high blood pressure and all these kind of things. This is all explainable and fixable with our tools. I already answered the question anyway. So and then we need to fix the medulla and the cortex of the adrenals and then we have a system where we can go from the brain, from the brain, from the stressor. We see the same the very fast sympathetic adrenomedullary system. I call it the amygdalic sympathetic adrenomedullary system, because it starts with the interpretation, the eyes, the ears, and then amygdala, and then the medulla. And then we have to the slower access to the adrenals, like I said, and then it influences all these hormones, and this means low testosterone, high cortisol, at the beginning. Also high adrenaline at the end, high noradrenaline, which means a shift of medulla hormones and function. So, when you see stress, you have the stressor out of the body, outside of the body. The infection is part of the body, but when we talk about stress in general, it's not a phenomenon of the body itself all the time. It's getting transported to the sensors and then interpreted in the brain and the nervous system. And every stress, like I said, is going to the adrenals so we have different axis of hormonal activation

in the human body.

The most important two are the hypothalamic-pituitary-adrenal and the adrenal sympatho-adrenomedullary system. I just call it the amygdala sympathetic medulla system because this is fast, clean, and easy, and it works.

And then the very important systems, like I said, the HPA we can just go back to the Platform and we type HPA and then I just combine the PEMFs for it.

Okay, I don't see it. Maybe it's just not published.

So just wait.

Because actually I had the HPA already.

I don't see it now.

I just try to find it under hypothalamus.

And see if it's under PEMF. If it's not there, we just do it right now, because I don't know why it's not there. So anyway, we create a new Complex.

Call it ACTH axis, and as you see down there, I already did it somewhere, because the name is there. So the software knows I did it.

Anyway,

hypothalamus is the first one.

Now I do the the axis

hypothalamus, pituitary, adrenal first.

And then I just save it here, just to show it again. And

then we just do the other one.

Then we have hypothalamus, pituitary,
adrenal axis.

This is the long one, this is the short one. We take the short one
so it's faster.

So we see this is all we need
actually.

This is
endocrine, mental health, and then we
do people, animals.

Do submit and now we can just control the
ACTH axis in a very
straightforward approach.

Now we go to the HPA,
to the sympatho-adreno
medullary system, the direct
stress system. We just do it as well.

It's very easy. Just create one. So you see directly, so
easy. This is the best tool I've ever
used and it's not commercial for Anton, it's just the
truth. It's just from the bottom of my heart.

I just showed it before I forgot. So we
have this already so you understand we can
also influence the second axis we go to something we didn't
see hypothalamus-pituitary-gonadal axis,
interesting. How do we do that? That's very
easy.

Now we do it for men.

I can publish them later on. Don't worry.

Now you see how easy it is to do it.

You do hypothalamus again.

You do pituitary again.

Very important programs actually.

And now

in men,

what is the gonade?

The testicles.

17 minutes testicle support. Now we do brain, pituitary,

testicle. Okay the

direct axis for men.

Gonade

axis.

This PEMF

should

optimize

male

testosterone

production. And if you want to make sure it does,

you can use a little trick.

Just add testosterone

to make sure it works.

Testosterone,

and then

we can do tribulus,

male adaptogen. Then we do

DHEA,

and then we can do pregnenolone.

And now we have a nice mix right? And this should increase testosterone just a little bit. We optimize the brain, the pituitary, the testicles, and we give the person testosterone, tribulus, DHEA, and pregnenolone at the same time.

This should be very very strong, but don't do it with fat men. Always do it when you're below 12 or 10% body fat or you need to have an insurance. What is the insurance against aromatization of hormones, Anastrozole.

This is a kind of aromatize blocker, which means you cannot convert the testosterone in your body fat into estrogen, which makes the product even safe.

And now we have the product ready. We can go to transfer all at once. And then we just play start and everything gets transferred in 17 minutes. If it works, you should be very awake and very male in behavior, which means very straightforward, but also you feel that your power, your energy, your mental focus is coming back. This is what we expect when you use the program.

And now we can do it also for the women just one example, it's really fast.

But we won't go to the
gonade and we don't do testosterone for women.

What we do is ovary, the
ovaries, okay?

Should optimize
female
ovary
control and health.

So there you go. Then we go down and
we don't want the woman to be on testosterone. She
doesn't have testicles.

At least this is what we hope for, in
this case. So, then we go to the ovaries,
Healing the Ovaries, there you go. Hypothalamus, pituitary, ovaries.

And if you want to do something healthy, for example, you take
adaptogens like Maca. You
can do homeopathic things, like we can
see

what is offered. Ovarian cyst if you have one, but this
is a different topic. But then you can just go on.

Submit and then it's ready.

The same is true for nearly all the other axes you
can see here.

You can also force liver detoxification. It's
very easy. Just go in there.

And you type liver.

And then we have all the liver things, you have PEMF.

And one that works really good is the Detox
and Cirrhosis. This is really good and you combine it with the products

like to drink like we discussed before
all the time.

You go to imprint and then you go to Complexes.

And then you look for a product, which supports the liver.

This is Liver Virus like EBV or something,
Epstein Barr Virus. This is for Cirrhosis
from another Practitioner as well.

This is a combination of organs see liver, gallbladder, pancreas.

So you see you have so many
options to fix this as well.

Then

what can we do as well?

REDOX, yeah, we can do that. We can do ghrelin-leptin. Let's
see.

It's the control of hunger actually.

So you can influence all the systems. There you go leptin support.

Okay, easy. You go in there,
and then you can just play it into water and you
have leptin.

Then you go Ghrelin.

This one is a peptide influencing ghrelin, for
example.

Ghrelin is getting hungry, leptin is stopping to
eat. When your stomach makes
sounds, it's ghrelin.

So we can influence all these, it just opened
up, I was not patient enough.

We can influence all these systems and

ibutamoren, which
is also I guess it was developed in
Russia at the beginning. But this is it's able to
bind to the ghrelin receptors in the brain. And this
means it stops hunger as well. Very
interesting and this increases lifespan in
turn.

So we can influence all these systems as
well easily. And this is what I already
showed you. We have PEMFs, we have ICs,
we have sounds, we have different methods for the
different systems, but not only systems on
the Platform, but it's always a question of quantum physics,
of Infopathy, of sound PEMF ICs program
into water with different other
markers, I would say. Like quality sleep,
I already told you something about it, balanced nutrition
we can do something for it. We can also program our vegetables, our
meat, our bread with signals. We
have physical activity, mindfulness, experiencing
nature, mental health care, and a
good social network, but new studies
showed actually with elderly patients that physical activity
is far more effective than
mindfulness practices in terms of
restoring or saving health
and even mentally. So there's no
way a signal can kind of
support you in terms of training, you need to train.

What we can do is we use, for example, the DOMs PEMF, or the hypertrophy booster, or the pre-workout waters and what we see is we don't get soreness anymore so we can just train every day, two times a day if we want to.

We can combine physical activity, of course with mindfulness. And then if you want to do, for example, a mindfulness, you can do brain waves. It's really easy to go into different states, for example Brain Delta is sleep, Gamma is concentration. Alpha is a very interesting way to learn with as well like focus, calm, concentrated situations, really really interesting.

Wait.

So there's no way we can supplement our good diet, or our movement, or these kinds of things with Infopathy. But what we can do is, we can influence different systems that help us to support the stress, and to optimize our food, and to optimize our movement. For example, if I want to train in my knee hurts, it's really really a problem. And I, first of all, I need to fix my knee. What I do is I do Trauma first because even in orthopedics I need to fix the brain.

Then I could do the Chiro because everyone is misaligned
and we need to fix it.

And then,
we decide is it back pain? Then we might do more traumatic
disc or pain in any joint. So yes, we can
support movement, but we cannot program bench
presses into our IC Pad. So
what we can do is, we can do pre-workout water
for endurance,
for fitness.

Wait, I go to Complexes it's fast and
easier to see. You see here plus testo.

You see all these workout boosters.

Okay, we can do
first post workout
recovery,
and if there is nothing, I will just do it.

There you go.

Post workout recovery, no problem.

So everything is there. Then we
can just program our food, for example if I
want to eat bread and I know bread is increasing my
blood sugar,

I just put a little bit of metformin in there and it's good.

If I want to lose weight I can use weight normalization,
so we can support all the systems.

Here's what you can do in terms of lifestyle. You
can make healthy choices you can
clean your environment, your air, your water. You can sleep

well. You can move well. You can eat well. You should have routines, like what do I do in the morning I program my water with Infopathy and drink it and listen to the first sounds.

Find a work life balance is what I see here.

Take time off work, take time to walk in nature, to breathe air, to sit in the sun, to spend time with friends, and learn new things. That's very good for the brain. Your emotions are always a question of interpretation of the environment. So change the brain, change the interpretation and you would change stress.

And always help, always seek help from a professional.

Maybe someone who knows about all the things that I just told you, but you don't have to ask me but just find someone who helps you to get a good structure. And Bruce Lee said once it's not a daily increase but a daily decrease, heck away the inessentials, stay with what you need, stay with the essentials of life, and of happiness, and health, and don't lose your focus because of anything that surrounds you.

You should exercise.

I do some profiles before I write programs. So the people train according to the individual

needs. Eat healthy. Healthy means no sugar,
no wheat, like
you know, white bread, white rice, everything
should be natural, whole grain,
a clean from toxins. You can wash your
vegetables and
fruits in baking soda
for example, to make clean. You should reduce stress, keep control
of your emotional state. You should sleep properly.
You should, like I said, meet friends and you should learn and use
your brain, like I try to do it sometimes to
create new things for you as well.
Mindfulness is far less effective
than moving, like training. Breathing is
very important, but if you for example, if you
have problems breathing
you can just type lung.
And get a PEMF and open your lungs.
But you can also use my bronchitis
and if you have the feeling that you are just stressed,
you have a stress tension, then you should use the
trauma first, and then the bronchitis, and
then the lung PEMF and then you can just breathe better as well. And it's
a very fast effect. Social media stay
away from this. Like I said, crimes, all the
lies we see all the time, you know, try to
find your way, limit your social media use, filter the
information, don't consume violence, or
hate, or whatever. Just

try to stay positive. Stay away from all the hatred.

And then be generous and kind to others. That's why I'm most of the time I try to give everyone as much as I can, because I don't expect anything for it. I just do it because it's my way to do it and I hope I can help a lot.

And then be empathetic, it's the word I guess, how to spell for German. Just try to realize that you're not alone, that you're an open system with other people, and that you need to exchange information, and emotion, and be kind to each other. That's very important.

You can use meditation. That is very very very effective. And I'm not sure you can do it with the brainwaves as I said. I'm not sure what happens, I never type meditation in the search.

But we find out now, meditation remedy interesting.

Meditation frequency interesting. So we are also have tools for supporting the meditation experience.

Brain waves, psilocybin might be a little bit hallucinogenic, like you see more colors than you might expect and maybe smell the colors as well. We don't know. But anyway, meditation is a scientifically proven way to activate the right brain regions in terms of emotional control or

prefrontal cortex, for example, so do it.

Then go to sleep. This is sleep hygiene,

like I said. Keep it cold. Keep

it dark. Keep away from all the electrical instruments.

Do your training.

And I already go to bed at the same time and get up at

the same time then like I said before I showed it already

you can use the Platform for it. Then you should move the

body. We also have things to,

every PEMF protocol improves circulation

and oxygenation and reduces inflammation. We

have things for mood happiness. We

have things for mental clarity, I already showed it. We also

have things to optimize

neurotransmitters, so actually

Infopathy can do it all.

Neurotransmitter regulation, DL-Phenylalanine

is very central amino acid

to create neurotransmitters. Amitriptyline is very

interesting, 5-HTP as

a precursor of serotonin, for

example. Alpha GPC for the pituitary, GABA

for calming down, you know, like the calm

down and sleeping neurotransmitter.

So we have it all, you can influence neurotransmitters easily

on the Platform.

And then what you can do is, you can eat

properly.

Which means first of all you should have good fats. You should

have a lot of plant-based foods. You should have lean and clean protein. You should have fibers, but not from toxic or bad sources. Brazil nuts are good, walnuts are good, pumpkin seeds are good. Flax seeds, okay, macadamia, some of these are toxic because of the way they get kind of produced you know. Fermented foods are really good, especially for the small intestine. If you drink fermented or eat them, fermented products is very good for the small intestine and general health. And natural sweeteners. Stay away from all these chemical things. Just try to keep it as good as natural as you can. Xylitol is good. Stevia is good.

And then what you can do in terms of motivation and balancing neurotransmitters, oxytocin, for example. We also have something for oxytocin on the Platform. There you go.

This is a peptide you can listen to it and you will feel better.

And you can also play it into water and drink it. But in this case, because it's a peptide you can also listen to it, even if it's not very melodic. Peptides are very functional.

And then we have all the tools together to fix stress with Infopathy, to fix your brain. Like I said, we start here with the brain itself. We're going to trauma. We go into amygdala. Yeah. We go also to all these axes, you see all the combination programs. Always combine one water with the matching PEMF and start at the top and go to the bottom. Always when you want to fix something, no matter what it is, you have to control the north and then you go down to the south. But if you do the other way around you're lost. If you do the gut before the brain, you're lost. If you do toxins before organ rehabilitation you're lost. So it's all a question of sequences and their logical order of things. So right now I will answer the last questions and then I guess we're done with most of the information I wanted to present to you today. So this is already answered. What if a woman had her ovaries removed? Put the Trauma PEMF onto the area where the ovaries were. And then you have to do a hormonal panel to find out if she's still doing some estrogen somewhere or not. And then support the axis that is just going wrong with the signals.

Yeah the protocol, can you give a protocol
PEMF or IC for somatic in disorders increases
with movement of jaw and
head tinnitus? Yes, we can do it.

First of all you do trauma.

Okay.

Then you do Chiro.

Then you do
sympathetic
release. Because the central stress needs to
be lower.

I don't know how it works. Sympathetic.

And why doesn't it show. But we have sympathetic
PEMF protocols and every aspect. And then
it depends on why you have the tinnitus. You can
do muscle relax if it's just from being
misaligned
and under tension.

Muscle relax, it's easy. Or if it's
from the cervical spine you
can do disc.

If it's, because the problem with tinnitus is you have
more than 30 causes for it.

If it's from the joints of the cervical
spine, you can do just joint quick
fix, or I already created something special for the cervical
spine. There you go.

This is cervical spine neck pain. So there
are different options to to deal with

the things you just asking for. Then inflammation
is always a factor in tinnitus,
inflammation should be going down.

And inflammation of the jaw, if it's
something like this we already have a program
for this here - Inflammation of the Gums,
Inflammation of the Jaw, Periodontitis, little
bit different frequencies, but approximately the
same
intent.

Have you treated people with fingernails on the
IC Pad? No, I treat them mostly without
fingernails, but just by photographs and my
mind.

You will never need anything like a shot
of hormones or peptides if you understand the
idea this is what kind of
sometimes really taxes my mind is,
if I read something about which pill to take in our
forum, for example, or if you people
that should understand the idea
of quantum physics and still talking about
infusions, injections,
all this kind of stuff, you know, like it's completely nonsense.

We know signals are faster than light. They
are just above everything. Signals are
going to every tissue all the time, water is flowing everywhere.
Why do we need to do 1680 medicine

again? We are in the 23rd 24th century with this technology. So why don't you use the future, it's fast, it's efficient, and it's the medicine we will all use very soon.

We also have one person who would like to ask question by raising their hand.

Chloe can you

hear us? Yes, can you hear me? Yes. Yes. Okay, thank you so much gentlemen, I really really appreciate all the information that you're delivering to us. My question is the radiation detox.

Does that detox from the cellular level?

I remember on the last webinar, you mentioned a detoxification from the cellular level is that the one?

This is not the 5G. This

is for ionizing like, you know,

like radiation in cancer therapy. The 5G is,

I will do it. I already finished most of it, I will

do it. Like I said, I tried to do it this weekend, maybe tomorrow,

and then maybe we can put it online. It's

just about to be finished, you know.

But if you want to turn something down like a signal

like 5G, which is

really dangerous, you need to

think a lot because it's such a strong field and

you need to invert it and break it

and this is a tough job to do, but I

guess we can do it.

That's great. That's great. I already see that
my iPhone is working less efficient right
now,

because I programmed it too much I guess
and I stopped the 5G and now
it's just having trouble sometimes. But I live with
the trouble and without 5G. This is
the deal I can live with it you know. Yes.

But I didn't see it too often, maybe I just over done it with
my phone because with the others, with the other clients, I tried
the technology, but it didn't seem to do anything bad.

Okay.

Okay, great. Thank you.

So what is best
for cell danger response? Well, okay, let's
do for example,
it's like this. There's a client, he comes to you says
I have cell danger response and you don't
know what it is.

I know what it is at least in the raw concept.

So we just type
pathophysiology and find out what the people
did about it.

Evolutionary conserved metabolic response that protects cells
and hosts from harm. Its triggered by encounters with chemical,
physical, or biological threats
that exceed the cellular capacity for
homeostasis. Okay, who could answer the

question?

What is best for cell danger response?

What did I talk about the last two hours?

I was talking about the brain stress and how

triggers like chemicals, infections, physical

injuries, brain injuries, fungus, you

name it, all these triggers

lead to a strong cell danger response and

now we go here.

And that just explained it.

There you go.

The cause for all this,

for the cellular response,

is what I explained to you in the last two hours. So we have PTSD, we

have anxiety, restless legs. We have a

whole plethora of different triggers

that cause the cell dangerous response. So if

you want to fix most of the things you

see here in this picture, I hope you can see it actually,

but I guess you can, then you need to fix the

brain, need to fix the stress axis, need to fix the organs, and

neurotransmitters, etc.

Everything I explained, and then go into the

system like fixing here irritable bowel

syndrome with probiotics, rehab

programs for the gut. But first fix the

brain, fix the central nervous system, fix the immune

system and chronic inflammation, which

is all based on stress and perception and all these things. Then you

can fix cell dangerous response because it is
logic that you see so many different systems
connected to cell danger because all
of the systems are depending on toxins, stress,
and infection, like I said the whole
time before. So this is
the solution.

Yeah, you can always ask you're
always welcome. I understand that it's difficult and it's
so confusing in this world of pseudoscience
and bad medicine
to find something really good and working and logical and
this is what we try to do with Infopathy and this
is

what I try to do when I explain you things
in the seminars, in the webinars. I can force
no one to learn, but if you want to you're welcome.

In Germany we have kind of phenomena that the
people think they know something, but at the end if you ask them you
find out

the thinking is not the strongest part of the personality.

So everyone has to work
on their knowledge. You have to be very,

yeah,

how do you call it? In terms of don't
take yourself too serious. Always think

I'm no one. I don't know too much. I need to learn, I
need to get better. Then you're better off than thinking I'm the

best, I know everything. I don't need to learn. I
do it all like because I'm just
directly made from God for treating
people, you know. No always be patient, be
reserved, reflective,
and
always prove with results that you
can do what you think you can do.
Stay in your scope of practice as professionals. Don't
take any risk for you or anyone else. And then
we have a beautiful technology to help
a lot of people in the world.

Questions?

Thank you very much. I think
yes, Yvonne has another question.

Just go ahead.

Yes, one other question, you know, I noticed that
when you work with people you help them kind of reset and
when you're done working with them, let's say
you do a treatment from the head to toe
and you send them out your door. Do you send them
with the IC Pad and then
the instructions on how to use that for themselves on a daily basis? Yeah, or
yeah. Automatically that's the
process? Yes, I can show you maybe the German version
of what I do.

So

you have an idea. This is one set

of data, you don't have to see the name like
this, you know, don't worry, forget the name. You see
the measurement where you can see cortisol is
an issue here. I hope you see it. Wait, I guess
yes. Okay. You see number one is cortisol red.
It's umbilicus. This is one of the measurements we do. But anyway, this
is the whole history of the person.
And then we go into the treatment and then
we have here the PEMF.
We have here the ICs. Then we have different other tools, like cards,
something not Infopathy like
I explained it in another setting not
here. But anyway, if you want to know what you
drink in the morning, you just click on it, the Platform opens up,
you shake your bottle of water, and you drink it. If you
want to know which PEMF you should use, you
just click on it, and oh in
the morning, it's good to activate the adrenal cortex, so I
use it. So this is the way
I do it. This is the way I create treatment plans. I have all
these columns here. I have the links in there. You don't have to think about it.
If you want to take magnesium, click on the link
and you get your magnesium.
So then do you have IC Pads
that you on hand that you give to your
that you sell to your clients?
Yeah, and yeah, the two options they order it
directly from the Platform and most of the time I have them here
as well. So people are able to order them

here as well if they want to. But the most important point is that you are able to help yourself with the technology at home and you have no treatment gaps and you have no treatment weaknesses and you can do things that are not possible with normal medicine. You cannot treat the brain like this with normal medicine. You cannot treat depression or whatever with normal medicine like this. You cannot combine homeopathic approaches with a even chiropractic approaches when you look at the Chiro PEMF, for example. You can do whatever you want to, you have a completely new freedom of therapy and combinations, which is unique from anywhere.

I love about this Platform is that it does it presents the body as a whole organism so you can literally think in terms of connection.

Yeah, this is what we try to teach. This is what I try to teach here all the time. This is the basis of my systems, of endobalance and whatever. We have a very logical order where to start and where we want to go to the with the individual factors based on questionnaires that I use. So we have a very complex picture of the person and then we can just decide what the person really needs and adjust the whole pattern of treatment, and diet, and movement, and PEMF, and

ICs, and whatever to the individual needs.

Yes bio-individuality, it's actually that's the way yeah, that's right. One other question, last question. So the client who had nerve damage from chemical exposure and it caused blindness.

And so I know the body's designed to heal, where would you start to help someone like that? First trauma, then you need to go. What was the trigger toxin?

It was a chemical toxin and it caused retinal damage. You have to find out what the toxin is.

Oh it was a chemical of some sort. Maybe just go for chemical detox to make sure, like this.

And then you need to do, which part of the eye was injured?

It was the nerve that goes all the way to the back, the nerve.

Then you just need to go with nerve rehab acute and I would listen in parallel healing the optic nerve.

Healing the optic nerve got it. I would do Trauma and all these kinds of things. So to release the brain, then I would go to nerve rehab in general. Then I would go to healing the optic nerve and maybe there's a peptide for it.

Mm-hmm.

GHK peptide?

Yeah, maybe, yeah.

Maybe this one here LL-37.

TB-500 will repair whatever. But you know

what I mean like, oh, you take the Vision Support because you

have the BPC-157 and the TB-500

in there. You see it, this one. Yes. This

should, the person should drink this one I guess

because the peptides will repair

more than the eyes, okay.

And then the sequence is Trauma.

Then Nerve

Acute,

and then while this is running you can listen to this (Healing the Optic Nerve) as well,

you know, like you can Healing the Optic Nerve and run the

Nerve Rehab Acute. And then you have to see

what's going out there because I had

a message from one of my clients

last week.

And she was able to improve her macular.

She was born with

macular and other defects. And

she was able to prove by doctors

that she was improving macular

for the first time in her life.

Wow.

I know it's possible. See that's why I asked that question because. A

lot of things are possible, I can tell you about data. You won't

you won't even believe it. I would believe it.

No, I would believe it. You maybe yes, but

98% of the normal population, maybe not.

Understood.

Yes, it's absolutely possible. I'm so encouraged. Thank

you. Thank you. Thank you so much. Oh the other question I had

is, how often do you have to repeat, do you have to do that same

cycle trauma, then? I would do the

trauma maybe in the first week, three times, then two

times, then one time a week, and then I would go to Nerve Rehab

and especially Healing the Optic Nerve

a lot of times. Optic nerve maybe

hearing every night, like when they go to bed just put

on the headphones and listen to it. Even if it's not very audible. You

can also use the

IC Hummer because vibration on the skull

is very effective. So

this is also an option. In terms

of tissue damage, vibration might be

better than the PEMF in this case because the nerve

will react stronger to vibration. Got it.

Okay. All right. Thank you so much. Thank you.

Thank you as well. We have also a question

from Irene.

Yeah, go on.

Yeah, it's what I developed over maybe 20

years. It's the system I call endobalance

and basically the hierarchies, you

start with the brain and the stress, and then
you go down, and then you go to the organs, and then you
go to the detox, okay.

Hi Irene, can you hear us?

Yeah, can you hear me? Yes. Yes. Okay.

Hi. Hi again. And thank

you so much for what you doing. It's absolutely wonderful and
needed for people. But what I wanted

to suggest maybe it exists, I'm still

a beginner. Even I'm using in a capacity already

for a couple of years. Is it

possible to have like most often asked questions

like a reference library?

Because you guys have so much knowledge

and experience and people who not medically

inclined like I am not medically inclined

and I even don't know meaning of many of

ICs you have there in the catalog,

That if something happens, let's say for example

car accident and I want to get treatment

that they can look at the library and

see suggested. That's good. Yeah, that's good. I understand

it's impossible to cover everything, but

the most like

I understand the most common things. Yeah, because

I personally am very lost and feel

stressed when I'm looking what to put together in a

Complex. Is it right order? Is it right sequences? Is it

right combination? Can you imagine how stressed I

was for the last 22 years to develop all these things?

We try to get you, Anton was

very stressed and developing the technology. I

was stressed and developing systems that make

a good use of the technology of Infopathy. So

we try to reduce your stress

through education and structure. I think we

can build something like that. I think what Irene is asking is

to yes create not just Complexes. So we

have single ICs, then we have Complexes. But also

like we discuss in this webinar, you know, use

this Complex, then this Complex, then this. Maybe more general as well.

Yeah. Yeah, like traumatic injury. You know

tissue, to act

in terms of, oh I fell on

my knee, I was involved in a car accident, I had surgery,

like things that happened to many people every day

that we have just a general list of what you can do in

the proper sequence with ICs and PEMFs and

audibles. Yes that would be,

you will reduce huge stress for people because I open

and I know, okay, I can pick up this and that and

instead I can pick up completely like wonderful

ICs but which not needed for

my condition.

That's it. And this is the knowledge that I build it

up over, like I said last 20 years. Anton built up

the technology to make also my

systems perfect and make them work properly. So we're now at the place where we don't need any raw material. Just water and electricity and we will see one of the results in record time. So we will help you all to make the use of Infopathy easier, as good as we can. Anton is improving the technology all the time, the menus, the functions so and I try to explain it to you a little bit and other Practitioners as well. So we do our best and we try to reduce stress for you. Yeah, I think yes, I think we'll be trying to create not only Complexes, but also maybe Collections which will include ICs, Complexes, and some like guides how we did with Happy Belly Combination. So something like that. Yeah, but with reference to the condition guys with the reference to the condition. What is that for? That people can choose right IC, right Complexes for whatever they are experiencing. Okay. Another question. This is where I'm confused. I understand the logic you saying that we have to fix everything from north to south. Yes. Let's say I have gallbladder issue and I found imprint and a drink water charged with that imprint and then I apply PEMF, but my kidney is much below my brain. So how do I work from

north to south?

Yeah, but there's one picture maybe I can show it to you, which explains the problem or the the pattern, wait, from another presentation.

This is detoxification.

This is what you already know, the good news is.

Up up. There you go.

It's even in English so it's good for you.

This is the top-down model, this is what I'm talking about. I'm talking about starting in the north and fixing the south because the north has a strong influence. But in terms of the gut, we also say it's a little bit of question of individual problems and like the basic ideas the

Practitioner has, you know. North to south would be like we start with the brain like here chronic stress, adverse life. Or, I explained to you today, and then we go to the HPA axis, and then we go into the adrenals, and then we go into gastrointestinal dysmotility, inflammation, leaky gut, IGGs, you know, like you cannot eat everything you want to eat, blah blah blah. So the other one is, like I said the gut is the second brain. If you have for example, you're not stressed, but your diet is a horror and you're full

of infections and so on.

You can also go from bottom up, but
to make sure it works

make sure that you always have something for the
brain in it as well. So you can do more for the
gut if you take the south north approach. For
example, if someone has
like I said a bad diet, microbiome which
is not balanced, maybe other
causes, maybe
the gallbladder is not working, the liver
is not, whatever. So then you can also start
in the south but the approach also has
to contain trauma, for example, because you can never be
sure what was first. And if you
go to the basic logic of human physiology
you will end up with everything
will be processed by the brain and if
you have a leaky gut, you will have a leaky brain
as well all the time.

And if you have an inflamed gut, you will have an inflamed
brain every single time. So fixing the gut and
the brain and this is why I have created a product like I'll show
it to you now.

I just had it in the presentation
before as well.

The product is
stress

or colon,

then you go to Complexes.

Stress axis and Bowel. Okay. This is the idea.

You understand, the combination of north and south. Here I have

south north Fluoxetine,

a little bit of both but more

south adrenals, this is North again,

this is South again. This

is for all systems, okay.

So practically to combine something from top

and to the bottom. If you have someone,

yeah, for example if you have someone who has severe colitis, for example.

You always have to do something for the bowel.

Even if you know that the brain, or infection, or

something else is the main cause because the person has

the strong symptoms in the bowel. So what you can do is,

you can do the colitis PEMF and give

the person here like this Ulcerative

Colitis and you give the person already a Complex

which contains information

for a healthy gut.

Or a combination brain-gut.

Okay, so it's not necessary to work separately for brain.

No, not in every case.

It depends on who you have as a client and what the problems are if you have someone

who had maybe one major life event, but 20 years of colitis, then you should focus more on repairing the gut and the symptoms, but don't forget that the brain is responsible for everything in the body.

It's very important.

The brain controls everything, if you do not control the brain you have no success with no disease and symptom.

But that is my last question. It's okay to combine Trauma or something for brain together with gallbladder, let's say?

Yeah, for example, yeah sure. When you look at the combination, wait just one more slide. Normally I could not show you everything, I try my best.

There's a good slide about the emotions, wait, and this was one of my last presentations, there you go, but you see gallbladder love, anger, rage wrath, whatever, you know, like all these emotions.

And emotions are processed by the brain. So what you can do is for example.

Now it's getting more interesting.

Gallbladder

Brain Meridian Mix.

That's good, okay.

Yeah, because what you do now is you take the trauma

to clear the brain,

you take the gallbladder,

oh wait, I'm always

too fast with the return button. So this is

my main weakness. Anyway, you take the Trauma.

I won't do it again. You take the gallbladder.

This is my individual weakness.

Now we have the gallbladder

support here.

We can take maybe this one, this one

this one, or we just go wait, it's wood

right?

There you go. Wood. Now we have brain, wood.

Now we need the gallbladder.

And now we can take Gallbladder Rife because I didn't

create one and gallbladder support. Now we have a nice mix we

have the brain, we have the element. And if

you don't know the element, you can just look at a slide

like this here, you know, there you know.

There you know, this is wood. There you go gallbladder. So

we need to do some for the wood so. And then

because I didn't write a PEMF

for the gallbladder this is the last thing I

might show to you today.

But if you want to,

oh wait,

I just copy one.

Let me think. What was one of the last I did?

Let's see.

So because I just show you how to do an easy
protocol
for the gallbladder.

Daniel this is what I'm saying you good at this
and you go fast and now I follow you
but in five minutes after we're done, I might
not remember. So if you can put it, let's say
in the reference. You need to spend every day with me.

Yes, I feel like I have to move to

Germany and be next to you every hour.

That's it, then you can ask me all the
time. Thank you so much. Here now we have
the hypothalamus and we have frequency information.

And what I do now is

I just show you how to do Gallbladder

Tuner.

Tuner, okay. We can
just call it, I'm always just making up names.

I don't care. So then you go in here and then we know the
gallbladder
has a frequency of 38 Hertz.

So we just go in there
and just replace the hypothalamus
frequency with the gallbladder frequency, so
I don't have to type

all the different frequencies again. So it's a question of a couple of seconds actually.

And even

if not, every information is right at the

beginning I mean

the information is good, you know, but I don't control every single step. I see that it works and that's it, you know.

And then I just create it and then I save it and then I

can implement it maybe into the

Complex, and then we have a nice combination of stress, meridian, organs, substances, and then

you can just

be successful even more. This is the combination of Trauma,

Chinese Meridian medicine, and

PEMF and all these kinds of things. So a mixture

of very

deep rooted medical ideas.

It's fantastic, I wish I can remember that.

You can watch videos because I mean besides you

have to survive it in terms of surviving my

presentation. You can watch it all the time again, you

know.

Thank you both so much.

There you go Gallbladder PEMF.

Yep. I don't

know if I just made something wrong right now, but.

IC was updated maybe. Anton,

you see it, maybe I did something wrong, but actually now it has the

gallbladder.

Gallbladder frequencies. Yeah, you changed, you didn't copy it.

Okay, can we just make it unhappen?

Yeah.

So you do it. I'll do it.

Okay, but you understand the idea, I guess

it's good to have a gallbladder PEMF healing of

the gallbladder. Now we do gallbladder. And otherwise, I

will just restore the hypothalamus again.

Can you do that?

Yeah, one second.

Because hypothalamus should be there as well.

Well, you do it anyway.

Or I just write the hypothalamus PEMF

again.

Well, you can do it anyway.

Should I restart? I can fix it.

Okay, you see sometimes because I thought I

did a new Complex and took just the

hypothalamus as a

basic example of frequencies.

You know what.

I don't know if it works.

I would change it again. Anyway, do you have more questions?

No, no.

Yeah, let's stop with me because other people might want

to ask something else. Yeah, don't worry.

Thank you again. You're welcome. Thank you as well.

Thank you for taking your time to listen.

No, it's fun. It's really needed.

Thank you. Thanks.

Okay, now I do something like
copy.

I just restore the hypothalamus. Yeah, no
problem. Yeah, we have Yvonne.

There you can ask.

Thank you gentlemen again. How did you
know that the gallbladder is 38

Hertz? Is that something that's information on
Infopathy or is that just something. No that's a
different frequency list.

There are different lists with hundreds of hundreds of
frequencies that we use.

And this is where we take the numbers from,
from different sources, but reliable.

Okay.

More reliable

then Rife lists for example, it's more specific,
more proven.

Okay. So the Rife list is the only one I've ever
heard of. What you're looking at or what,
I'm not sure. When you're talking about Abott Abrahms, we're
talking about fungala, we're talking about Professor McWilliams,
we're talking about Hula Clark and different
others.

Okay, and where are you on the
Infopathy website right now? I'm creating

because I just erased, unfortunately. This
is a part of the functionality available under
Practitioner account. Oh. Yeah, PEMF
FSM synthesizer. Yeah.

Now I can type the hypothalamus again
because I just erased it.
Because I made it gallbladder.

Oh, I see. Now I just make it hypothalamus
again, which is just a change of numbers because I
will keep the basic information the same because actually this
is helping more than what most people do for the
brain.

So you will never see that's a thought
or something.

So it will always help you.

Understood, understood. Okay. I think I need to look into
speaking with Anton about a

Practitioner account. Thank you so much. I appreciate it.

And now there you go,

and now we have the

hypothalamus tuner again. I will just make it public
again and you need to fix the confusion I
did. Okay. Yeah, no problem.

But now it's correct again. Now we have a correct, yeah, we have
a correct hypothalamus and the correct gallbladder PEMF.

You can create PEMF when you have a Practitioner account.

I am, sometimes I take patients remotely depending
on the problem and the situation.

So now I answered all the questions I guess. Yeah.

Good.

My sister was a very skeptical doctor who used lots of drugs. I am a former nurse. Thank you.

Yeah, I mean,

you can be skeptical,

but if you want to be skeptical first of

all, you should try to know something because being skeptic

because of believing or not believing is the wrong

way to go. What you should have is knowledge, and if you have to knowledge

then believing is easier because then you're going to knowing,

and if you know what you're doing and know the science

behind Infopathy then you know, it works all the time

and it's the perfect tool for mass population therapy, for

prevention, for the future of medicine, because right

now we see that the medical systems are not

working properly.

And so we need some.

Just a question a little bit above that.

I know the chemical neuropathia is

based on point one of every cancer patient is traumatized

toxic and infectious. Okay. So the

chemical neuropathia is based

on inflammation, intoxication of the small

nerves and especially

the vascular system of the extremities of

the feet and the hands. So what

you need to do is first of all, you need to fix the trauma again,

and you need to use trauma,
like always. Some people might think now oh
maybe I should use Trauma at first and Happy Water, then you're
on the right track. Then you do Chiro.

And then if you want to get rid
of the causes, then you
should do chemical detox.

And then you should do
the Complex chemical detox, drink it at first.

And then you should do the
pain inflammation. Okay. So first of all do
the chemical detox.

You can also give Happy Water at the beginning
because every cancer patient has the
right to be happy, even if the situation is hard.

And then you can go to the Pain and Inflammation Complex and
give it as well.

There you go. And then you need to do
Nerve

and then I would go to, if you like it short, muscle relax.

And if you like it longer
because this will also fix the arteries a bit,
you go to the DOMS, okay, Delayed Onset
Muscle Soreness PEMF.

So this is a basic sequence you can use for the person to
improve the numbness of the feet. The
only thing that is working in terms of pills. You
can take pills or take signals. Alpha
Lipoic Acid is good for neuropathies because

it's also detoxifying.

And then you need to
find out if it's enough to help the person.

So I guess we are a bit over the
time.

I think we'll take the last question from
Shannon. She's raising the
hand.

Yes, thanks so much. Just a quick question about using
the IC Pad remotely to treat DNA.

Have you guys been able to do that and verify it yet?

Yeah, we do slightly different, but you can use the IC Pad
as well. But normally what I use is

UN Cards and

something like and different technologies. But what you can always do

is, if you want to for example transfer a

pill to a person, a substance,

okay, what you

do is you take your IC Pad,

you take

a photo of the person,

take the pill put it on the

photo and on the IC Pad

and then you just play the Schumann resonance.

So everything that you put on the photo while the

Schumann resonance is running we'll get into the energy field
of the person.

I see.

And you can do simple things like, you can look at a person who is not aligned. I mean you see the ears, the eyes, the leg length, the mobility, whatever and you send the information of the Chiro PEMF through the picture. It might be that the person gets aligned at the other end of the globe. Or if the person has pain and you take ibuprofen as a signal for example, you can also try to play it in the picture. But the easier way is you take the pill, the real pill, you take the Schumann resonance, photo on the IC Pad, pill on the photo, and then the Schumann resonance, and then normally it should be transferred into the energy field.

Mmmm,

okay, I have a different device and we use fingernails, blood, hair, or spit, and it seems like the IC Pad is perfect for that application because it's directly putting the frequencies right to the DNA. So, you know through the quantum entanglement feature, it seems like it would work.

Yeah, it would work and especially you will be able, a photo I discussed this yesterday with a Russian scientist and she said that a photo contains all the information we need and includes the information of nails, of blood, of hair, of everything and even the information

of the emotion the person had at the moment the picture was taken.

I haven't been able to wrap my head around that yet. I'm trying to get there because I know a lot of Practitioners do use photos. But personally I'm just trusting DNA a little.

Yeah, but the DNA is a part of the photo information.

Okay, DNA is holographic, and it's a deep pole antenna and this is very very interesting. It's piezoelectric.

It's holographic, which means it understands holographic information, but at the same time, it is a kind of deep pole antenna, which is really physical, basic physics of the living world. So it's interesting that DNA combines all the features of holograms and Infopathy frequency signals at the same time.

What type of photo are you using?

The most accurate photo like before the person had an injury or an insult of any kind. So at least the healthy state. For example, if you have a person who has a brother or sister who's genetically matching and do not have the same disease as the person you can use the field to harmonize

the field of the brother, or
sister, or twin that is ill.

So could it be a picture, so they text you or
email you a picture and you just print it out on black
and white paper. Yeah, you have to make sure that
you have for example
there are home pages that present different pictures.

Yeah. You always need to have the positive part of
it, which means if you have a picture and you
just print it out, you have to copy it again
to make it positive again, the charge.

Uh-huh. Oh, okay. So never work with the copy, but always
work with the copy of the copy because this is positive again.

I see so like you're making a new original.

Exactly.

You understand me. I see there's some
deeper knowledge.

But it's very important because when you treat the negative it will
not work.

Right, right. I really appreciate that
answer. I've been waiting for that for a long time
because I do treat most people remotely so it's good
to know that this device works.

It works. Yeah, sure. Great. Thank you.

You're welcome.

Thank you everyone. So we'll be finishing
this wonderful webinar with Daniel and
we'll be planning more webinars on different topics,
like another part of the Practitioner series.

If you have any questions for Daniel you can send him an e-mail, you can send us an e-mail, and we'll stay in touch as usual.

And have everyone wonderful day and evening.

Thank you everyone for coming.

Thanks for having me and thanks to everyone for listening to the presentation and the webinar.

Thank you, thank you.